



CLICKIMIN LEARN TO SWIM PROGRAMME

Monday 17 August - Friday 9 October 2026



17 Aug - 5 Oct	Monday
Time	
1345 - 1415	Preschool 1
1415 - 1445	Preschool 2
1445 - 1515	Preschool 3
1530 - 1600	Swim Skills 1B
1530 - 1600	Swim Skills 2
1530 - 1600	Swim Skills 3
1610 - 1640	Swim Skills 1A
1610 - 1640	Swim Skills 1B
1610 - 1640	Swim Skills 2
1640 - 1710	Swim Skills 1A**
1645 - 1715	Swim Skills 3**
1645 - 1715	Swim Skills 1B**

18 Aug - 6 Oct	Tuesday
Time	
1430 - 1500	Preschool 1
1500 - 1530	Preschool 3
1530 - 1600	Swim Skills 2
1530 - 1600	Swim Skills 4
1530 - 1600	Swim Skills 4
1610 - 1640	Swim Skills 3
1610 - 1640	Swim Skills 4
1610 - 1640	Club Ready
1645 - 1715	Swim Skills 4
1645 - 1715	Swim Skills 3
1645 - 1715	Rookie Lifeguard

19 Aug - 7 Oct	Wednesday
Time	
1100 - 1130	Preschool 3
1130 - 1200	Preschool 2
1200 - 1230	Preschool 2
1230 - 1300	Adult & Child
1530 - 1600	Swim Skills 1A
1530 - 1600	Swim Skills 1B
1530 - 1600	Swim Skills 3
1600 - 1630	Swim Skills 1A
1610 - 1640	Swim Skills 1B
1610 - 1640	Swim Skills 2
1630 - 1700	Swim Skills 1A
1645 - 1715	Swim Skills 1B
1645 - 1715	Swim Skills 2

20 Aug - 8 Oct	Thursday
Time	
1345 - 1415	Preschool 1*
1415 - 1445	Preschool 3*
1445 - 1515	Preschool 3*
1530 - 1600	Swim Skills 1A
1530 - 1600	Swim Skills 1B
1530 - 1600	Swim Skills 3
1600 - 1630	Swim Skills 1A
1610 - 1640	Swim Skills 1B
1610 - 1640	Swim Skills 2
1630 - 1700	Swim Skills 1A
1645 - 1715	Swim Skills 1B
1645 - 1715	Swim Skills 2

21 Aug - 9 Oct	Friday
Time	
1000 - 1030	Individual Lesson
1030 - 1100	Individual Lesson
1530 - 1600	ASN Lessons (Ages 5-7)
1615 - 1645	ASN Lessons (Ages 7-9)

Please note: ASN lessons are not part of a course and can be booked up to two weeks in advance.
Class price: £5.65

Exception Dates

Classes marked with an asterisk will not be on the following dates:

- Monday 17/08**
- Thursday 03/09 & 24/09*

Booking Information

Please ensure your booking is made using your child's account.

Please email CLCswimlessons@srt.org.uk

if you're unsure what preschool level your child should be in.

All courses are non-refundable.

6 Week Course* - **Block Price:** £33.90

7 Week Course** - **Block Price:** £39.55

8 Week Course - **Block Price:** £45.20

Individual Lesson - **Price:** £22.25

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Adult and Child (2-3 years old)

Aims: To further develop the core aquatic skills through structured play and develop the independence necessary for the next level.

Note: We recommend that all children start in Preschool 1 and our teachers will move the child up accordingly depending on their skill set.

Preschool 1

For children aged 3-5 years who are still in armbands and are not yet water confident.

Preschool 2

For children aged 3-5 years who are no longer wearing armbands and are water confident.

Preschool 3

For children aged 3-5 years who are fully water confident and swimming on front and back without support.

Swim Skills 1A

To further develop water confidence and develop core aquatic skills without buoyancy aids.

Aims:

- Develop push and glides
- Swim 5m of front/back crawl
- Kicking front and back 5m with a single float
- Introduce rotations
- Introduce sculling
- Floating shapes without buoyancy aids

Swim Skills 1B

To further develop water confidence and develop core aquatic skills without buoyancy aids.

Aims:

- Develop push and glides
- Swim 10m of front/back crawl
- Kicking front and back 10m with a single float
- Introduce rotations
- Introduce sculling
- Floating shapes without buoyancy aids

Swim Skills 2

To increase the competency of the core aquatic skills and develop basic strokes.

Aims:

- Swim 15m of front/back crawl
- Introduce breaststroke leg kick
- Scull 10m
- Introduce surface dives

Swim Skills 3

To introduce more advanced stroke technique and achieve Triple S standards.

Aims:

- Introduce somersaults
- Swim 25m of front/back crawl
- Further develop breaststroke
- Introduce butterfly
- Introduce treading water
- Scull for 10m

Swim Skills 4

To improve quality of stroke technique, introduce multi aquatic skills and disciplines.

Aims:

- Swim 50m of front/back crawl and breaststroke.
- Swim 15m of Butterfly
- Learn to dive and straddle jump
- Tread water for 45 seconds

Club Ready Coaching

For children who have completed the four swim skills levels and are moving on to competitive swimming training.

ASN Lessons

These classes will be held in the main pool and floating floor area, closed to the public in a relaxing environment we've created. Class sizes will be smaller and tailored to meet children's individual needs. Book weekly.

Rookie Lifeguard (8-12yrs)

Passed your deep end test? If so, come and learn new water safety and rescue skills based on RLSS Rookie Lifeguard course led by a qualified instructor.