



WEST MAINLAND LEISURE CENTRE

Aith, Bixter, Shetland, ZE2 9NB

Opening Hours

Mon 6th July - Sat 15th August



MAIN HALL - FITNESS SUITE -

CLIMBING WALL - COMMUNITY ROOM

MONDAY 0900 - 2100

TUESDAY 0900 - 2100

WEDNESDAY 0900 - 2100

THURSDAY 1300 - 2100

FRIDAY 0900 - 1600

SATURDAY 1000 - 1700

SUNDAY CLOSED



Shetland Recreational Trust

SWIMMING POOL / HEALTH SUITE

MONDAY	Lane Swimming (not on 6/7)	1330 - 1430
	Public Swimming (not on 6/7)	1430 - 1530
	Public Swimming	1730 - 1830
	Lane Swimming	1830 - 1930
	Aqua Circuits	1930 - 2015
TUESDAY	Lane Swimming	0930 - 1030
	50+ Swimming	1030 - 1130
	Public Swimming (not on 4/8)	1130 - 1330
	Pool Inflatable	1500 - 1600
	1-1 Swim Lessons	1630 - 1730
WEDNESDAY	Public Swimming	1800 - 1900
	Lane Swimming	1900 - 2000
	Public Swimming	1230 - 1430
	1-1 Swim Lessons	1530 - 1630
	Public Swimming	1730 - 1830
THURSDAY	Lane Swimming	1830 - 1930
	Aqua Circuits	1930 - 2015
	Public Swimming	1430 - 1530
	Learn to Swim Top-up Lessons	1530 - 1630
	Public Swimming	1700 - 1900
FRIDAY	Adult Swimming	1900 - 2000
	Aqua Circuits	0930 - 1015
	50+ Swimming	1030 - 1130
	Public Swimming	1130 - 1230
	Floats and Flippers	1415 - 1515
SATURDAY	Lane Swimming	1030 - 1130
	Public Swimming	1130 - 1330
	1-1 Swim Lessons	1330 - 1430
	Pool Hire available	1445 - 1545



West Mainland Leisure Centre

MORE4life
Shetland more active, more often

Funded by



Shetland
Charitable Trust