



YOGA TIMETABLE

CLICKIMIN LEISURE COMPLEX (SUMMER 2026)

MORE4life
Shetland more active, more often

Download our app:



	M	T	W	T	F	S	S
6-12 July	1305-1355 YIN YOGA Waterside Suite 2000-2050 YOGA NIDRA Waterside Suite	0700-0750 YOGA NIDRA Waterside Suite	0700-0745 FLOW YOGA Waterside Suite	1305-1355 YIN YOGA Waterside Suite 2000-2050 YOGA NIDRA Waterside Suite	0900-1000 YANG YIN YOGA Waterside Suite	1800-1850 YOGA NIDRA Waterside Suite	1800-1850 YOGA NIDRA Waterside Suite
13-19 July				1305-1355 YIN YOGA Waterside Suite 2000-2050 YOGA NIDRA Waterside Suite	0900-1000 YIN YOGA Multi Use 1715-1805 FLOW YOGA Waterside Suite		1800-1850 YOGA NIDRA Waterside Suite
20-26 July	1305-1355 YIN YOGA Waterside Suite 2000-2050 YOGA NIDRA Waterside Suite	0700-0750 YOGA NIDRA Waterside Suite	0700-0745 FLOW YOGA Waterside Suite 1730-1830 YIN NIDRA Waterside Suite	0700-0750 YOGA NIDRA Waterside Suite			
27 Jul - 2 Aug		1730-1830 FLOW YOGA Bowls Hall	0700-0745 FLOW YOGA Waterside Suite 1730-1830 YIN YOGA Bowls Hall	0700-0750 YOGA NIDRA Waterside Suite 1305-1355 YIN YOGA Waterside Suite	0900-1000 YANG YIN Multi Use	1800-1850 YOGA NIDRA Waterside Suite	
3-9 Aug						1030-1130 FLOW YOGA Multi Use 1800-1850 YOGA NIDRA Waterside Suite	0930-1030 YANG YIN YOGA Multi Use 1130-1230 YIN YOGA Multi Use 1800-1850 YOGA NIDRA Waterside Suite
10-16 Aug		0700-0750 YOGA NIDRA Waterside Suite	0700-0750 FLOW YOGA Waterside Suite		0900-1000 YANG YIN YOGA Waterside Suite 1715-1805 FLOW YOGA Waterside Suite	1030-1130 FLOW YOGA Waterside Suite	1130-1230 YIN YOGA Waterside Suite

Note: All classes are non-refundable.



www.srt.org.uk



01595 741000

ACCESS2LEISURE
Shetland more active, more often



Funded by
Shetland Charitable Trust