



WEEKLY ADULT SWIMMING LESSONS

Our experienced instructor creates a supportive and encouraging environment, ensuring that you feel confident and relaxed about learning to swim.

Adult Beginners 1130 - 1200
Adult Improvers 1200 - 1230

Thursdays

Starting Thursday 20th Aug - running weekly until
Thursday 8th October 2026

BOOK NOW



01595 741000



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SRT App



£6.60 per lesson