

South Mainland Pool Summer Swim Schools (1400-1430 & 1430-1500)

Level	Day/Time
Pre School 1 (armbands and low confidence)	Monday 6 – Thursday 9 July : 1430
Pre School 2 (armbands off, confident and starting to swim)	Monday 13 – Thursday 16 July : 1430
Pre School 3 (armbands off, confident and swimming comfortably)	Monday 20 – Thursday 23 July : 1430
Swim Skills 1A	Monday 27 – Thursday 30 July : 1430
Swim Skills 1B	Monday 13 – Thursday 16 July : 1400
Swim Skills 2	Monday 6 – Thursday 9 July : 1400
Swim Skills 3	Monday 20 – Thursday 23 July : 1400
Swim Skills 4	Monday 27 – Thursday 30 July : 1400
Individual Lessons	Summer availability – contact T: 01595 807719 for more information



- A 30-minute class each day, Monday - Thursday
- Daily time in the pool helps children build confidence and develop swimming skills more quickly
- All levels available from Pre-school 1 to Swim Skills 4
- Details of our August Swim Schools will be announced soon

Join us for a fun and focused week of swimming progress!

All classes 30 minutes are bookable at www.srt.org.uk
and at South Mainland Pool reception, T: 01595 807719