

NATIONAL POOL LIFEGUARD
QUALIFICATION



RLSS UK
LIFEGUARD

RLSS UK National Pool Lifeguard Qualification

WEST MAINLAND LEISURE CENTRE

The National Pool Lifeguard Qualification (NPLQ) is one of the most decorated lifeguard awards and is internationally recognised.

This course is a fantastic starting point for a career within the Leisure Industry and a great way to learn vital First Aid and Life Saving skills.

Candidates must be 16 years of age to attend this course.

Course running from:

Saturday 4th July - Tuesday 14th July 2026

Closing date for interest will be Sunday 14th June 2026

For more information please contact
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