

BYOB AIRN

Bring Your Own Bairn!

NEW Exercise Class



For bairns aged 6 months - 5 years

Tuesdays

Starting 14 April '26

 **1000 - 1045**
or

 **1115 - 1200**

*Clickimin
Multi Use Studio*

While you get your workout in, your peerie ones can roll, crawl, and play right beside you.

With two friendly instructors leading the session (and keeping a watchful eye on the bairns), you can focus on feeling good, getting strong, and having fun - no childcare needed!

Available to book via our app:



Search: 'Shetland Recreational Trust'

