



SCALLOWAY POOL

POOL TIMETABLE

Monday 21st April to Sunday 29 June 2025

This timetable may be subject to change from time-to-time due to one-off bookings or unforeseen circumstances.
Amendments will be displayed on our Facebook page

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Public Swimming 1200-1330	Public swimming 1230-1400	Public swimming 1100-1200	Public swimming 1300-1400		0930-1030 Aqua Fitness/	0930-1030 Public swimming
Pre School 2 & 1 classes 1400-1500	Over 50's steam&swim 1400-1500	Over 50's steam&swim 1200-1300	Pre-school 1 & 1A 1400-1500		1040-1140 Public swimming	1040-1140 Public swimming
Swim Skills 1B & SS2 1530-1600	Swim Skills 1B & 2 1530-1600	Public swimming 1300-1400	Swim Skills 1B & 3 1530-1600		1150-1250 Family fun hour	1150-1250 Family fun hour
Swim Skills 1B & SS3 1600-1630	Swim Skills 1A & 3 1600-1630	Pre School 1 1430-1500	Swim Skills 1A 1600-1630		1300-1400 Public swimming	1300-1400 Public swimming
Swim Skills 1A 1630-1700	Swim Skills 1A 1630-1700	Pre School 3 1500-1530	Club Ready 1630-1700			1400-1500 Public swimming
Public swimming 1700-1800	Swim Skills 1B 1700-1730	Swim Skills 1A 1530-1600	Swim Skills 4 1700-1730			
Aqua Fitness Class * /Public Swimming 1805-1900	Swim Skills 4 1730-1800	Swim Skills 2 1600-1630	Public swimming 1800-1900		Timetable is subject to change due to private hires.	PLEASE CHECK APP & FACEBOOK
	Public swimming (2 lanes) 1800-1900	Swim Skills 4 1630-1700				
		Public swimming 1700-1800 1900-2000			**Aqua Fitness every second Weekend starting 26th April. **	
		Ladies steam & swim 1800-1900			Monday Night Aqua Fitness Class Dates *	*5th May ,2nd June, 9th June 23rd June 1805-1900



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Shetland Recreational Trust

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