

Junior Descriptions

Junior Gym Inductions	A 3 week course for those 14+ introducing you to the gym equipment and providing you with a full gym induction on completion of all 3 weeks.
Soft Play Sessions	Book a slot and come along for fun in the soft play set up in the squash court. Small ride on cars available too.
Fun and Games	Fun activities with our staff for your kids to come and try different games and sports, getting active in a fun way!
Fundays	A whole day 9-3 of fun including: Games, Swimming, Sports, Adventure and Crafts A packed lunch will be provided, swimming kit, a pair of wellies and a spare change of clothes.
Family Fun Swimming / Fun Run	Family Fun Swimming - Have some fun with our pool floats and toys! Family Fun Run - Try your best on our Pirate ship pool inflatable fun run!
Advanced Swim	For your advanced swimmer who is looking to get fit and improve technique. This is for swimmers who have a good understanding of all 4 strokes and can swim in lane conditions. Must have completed Club Ready from the Learn to Swim programme.
Individual Swim Lesson	30 minute 1-to-1 swimming lessons. For any ages and ability, working towards any goal.
Deep End Course	Once a week session for 3 weeks to work towards gaining the deep end test and gaining confidence in deep water.

Booking Policy

You can book and pay for classes up to 14 days in advance at Reception or Online at www.srt.org.uk.

Cancellations Policy

Please note that all classes are non-refundable. Subscription holders must cancel classes more than 6 hours prior to the start of the class or a late cancellation charge of £2 will be applied. Customer's accounts will be automatically blocked resulting in no further bookings being allowed until this charge has been paid.

North Mainland Leisure Centre

Junior Summer Holiday Programme 2022

4th July - 14th August





NMLC Junior Summer Holiday Programme



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DRYSIDE	Funday 0900 - 1500 £17.85 per day Free packed lunch provided £1 for Access to Leisure Members	Soft Play Sessions 1030 - 1130 1130 - 1230 1330 - 1430 £2.90 per child	Funday 0900 - 1500 £17.85 per day Free packed lunch provided £1 for Access to Leisure Members		Funday 0900 - 1500 £17.85 per day Free packed lunch provided £1 for Access to Leisure Members
	Junior Gym Inductions 1030 - 1130 £14.70 for 3 weeks Start dates 4th & 25th July	Fun and Games 1030 - 1130 £2.90 per child			
WETSID	Individual Swim Lesson 0900 - 0930 0930 - 1000 1000 - 1030 1030 - 1100 1530 - 1600 £18 per lesson	Individual Swim Lesson 0900 - 0930 0930 - 1000 1000 - 1030 1030 - 1100 £18 per lesson	Individual Swim Lesson 0900 - 0930 0930 - 1000 1000 - 1030 1030 - 1100 £18 per lesson	Individual Swim Lesson 0900 - 0930 0930 - 1000 1000 - 1030 1030 - 1100 £18 per lesson	Family Fun Run 1315 - 1415 £3.35 per person
	Family Fun Swimming 1300 - 1400 £3.35 per person	Family Fun Swimming 1300 - 1400 £3.35 per person	Family Fun Run 1315 - 1415 £3.35 per person	Family Fun Swimming 1300 - 1400 £3.35 per person	Advanced Swimming 1600 - 1700 £3.25 per session
	Advanced Swimming 1600 - 1700 £3.25 per session	Deep End Course 1500 - 1530 £12.90 for 3 weeks Start dates 5th and 26th July	Advanced Swimming 1600 - 1700 £3.25 per session	Advanced Swimming 1600 - 1700 £3.25 per session	
		Advanced Swimming 1600 - 1700 £3.25 per session			

