



North Mainland Leisure Centre

Brae, Shetland, ZE2 9QJ



OPENING HOURS

Issued 4th July - valid until 14th August 2022

SQUASH COURT, FITNESS SUITE & STEAM ROOM

MONDAY	0700-2100
TUESDAY	0700-2100
WEDNESDAY	0700-2100
THURSDAY	0700-2100
FRIDAY	0700-2100
SATURDAY	0700-1700
SUNDAY	1000-1700

The steam room has to be pre booked 60 minutes before use as it might not always be on

SWIMMING POOL

MONDAY	Public Swimming	0730-0900 1100-1300 1700-2100
TUESDAY	Public Swimming	0730-0900 1100-1300 1700-2100
WEDNESDAY	Public Swimming	0730-0900 1100-1300 1700-2100
THURSDAY	Public Swimming	0730-0900 1100-1300 1700-1900 2000-2100
FRIDAY	Public Swimming	1200-1300 1800-2100
SATURDAY	Public Swimming	1100-1400
SUNDAY	Public Swimming	1100-1400

FAMILY HIRES

SATURDAY	1400-1500 & 1600-1700
SUNDAY	1400-1500 & 1600-1700

Private Lessons

SATURDAY	1000-1030, 1030-1100 1500-1530, 1530-1600
SUNDAY	1000-1030, 1030-1100 1500-1530, 1530-1600

Tel: 01595 807710 | Email: nmlc@srt.org.uk



Shetland Recreational Trust

www.srt.org.uk

Registered Charity: SC002179

Funded by



Shetland Charitable Trust