

# **The Twenty-Sixth Annual Report of**



# **Shetland Recreational Trust**



**1 April 2010 – 31 March 2011**

## **Contents**

Chairman's Introduction	Page 2
Trustees Report	Page 3
Trustees	Page 4
Managers / Officers	Page 4
Principles of Operation, Aims and Objectives	Page 5
Clickimin Leisure Complex	Page 6
Unst Leisure Centre	Page 19
Yell Leisure Centre	Page 26
North Mainland Leisure Centre	Page 31
Whalsay Leisure Centre	Page 35
South Mainland Pool	Page 42
Scalloway Pool	Page 47
West Mainland Leisure Centre	Page 51
Health and Fitness	Page 56
Support Services	Page 59
Technical Services	Page 60

Shetland Recreational Trust • An organisation accepted by the Inland Revenue as having Charitable Status

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# Shetland Recreational Trust

I am very pleased to introduce this annual report for the year 2010/2011 which once again shows that all the centres continue to be well used. The total figure for the year was 724,045 admissions and, although this is a small decrease from last year's figure of 727,099 closer examination of the figures for each centre shows a healthy increase at Clickimin, where the special events for the 25th anniversary provided a boost and the main downturn at North Mainland, Sandwick and Scalloway which can be attributed mainly to the centres no longer being responsible for the use of the school games halls.

The figures for the West Mainland are especially pleasing, as few people would have believed, when the centre was being planned, that almost 60,000 admissions per year would be achieved. So once again I can safely say 'well done' and 'thank you' to all the staff and volunteers who work so hard at maintaining these remarkable figures.

For the second year running we have had a cut of more than 10% in the annual grant allocation from Shetland Charitable Trust and, whilst we were very grateful to Shetland Islands Council for increasing the amount paid by schools last year, this only partially compensated for

the reduction. We are well aware of pressures on school budgets and staff in all the centres are having to work very hard, along with their local schools, to ensure that opening hours are tailored to suit.

The past year has seen changes to our constitution especially in the way Trustees are recruited. Where previously we had a mix of area representatives and SIC nominees we are now moving to recruiting people according to the skills and knowledge they can offer. The first two new recruits Bryan Leask and Audrey Leask have a lot of experience in building maintenance and sporting groups respectively.

We are, however, losing a huge amount of experience with the retiral of John Nicolson and Billy Stove. At a small ceremony after the Trust meeting in March they were presented with parting mementoes and given thanks for the huge contributions they both had made to the work of the Trust.

**J A Irvine**  
Chairman



*Trustee Billy Stove and Vice Chairman John Nicolson, with James Johnston and Joe Irvine, after their retiral presentations.*

*Photo: Kevin Jones*

## Tribute to Vice Chairman John Nicolson and Trustee Billy Stove

John attended his last meeting of Shetland Recreational Trust on 15<sup>th</sup> March 2011 so ending a remarkable association with the Clickimin Centre and the Trust.

As Director of Leisure and Recreation for Shetland Islands Council in the early 1980s he was heavily involved in the planning of Clickimin and the subsequent rural centres. The Clickimin Recreational Trust was formed in 1982 and John donated the first £1, thus enabling a £1 million pound investment by Shetland Charitable Trust which earned enough to cover the annual running costs of the original centre.

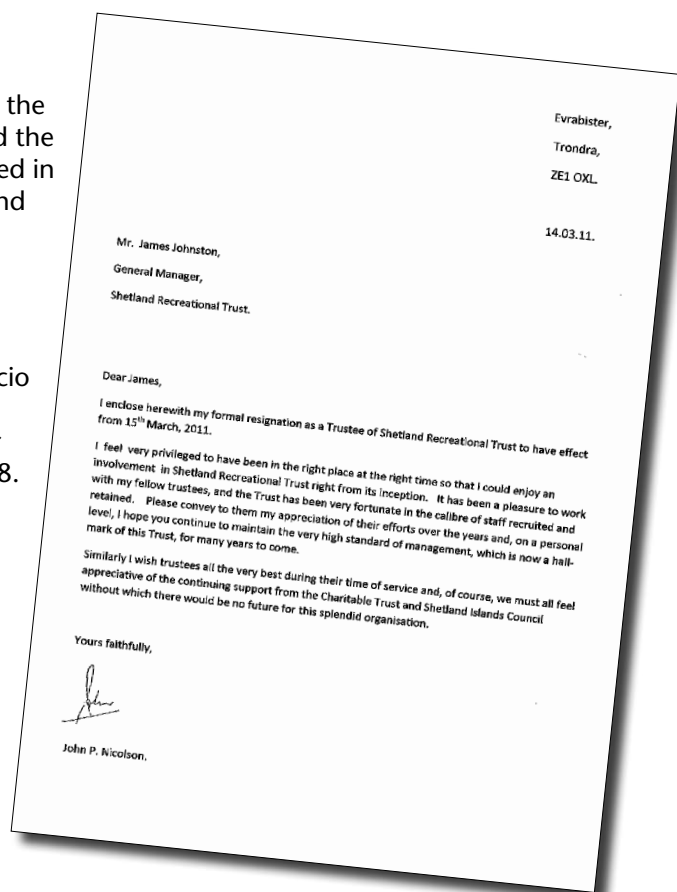
John served as Chairman of Clickimin Recreational Trust and its successor, Shetland Recreational Trust, until 1995 when changes to the constitution meant that council directors were no longer ex-officio trustees. He subsequently rejoined the Trust as a Shetland Islands Council Representative in 2003 and agreed to remain a trustee after his term as a councillor ended. He was also vice-chairman from 2008.

I do not think we would have had the Clickimin Leisure Complex and the seven Rural Centres that we see today if it had not been for the drive, enthusiasm and foresight of John Nicolson.

Billy also retired in March. He joined the Trust in 1996 as an ex-officio trustee as he was chairman of the Leisure and Recreation Committee and remained as an SIC representative until 2007. He too was invited to stay on as an independent trustee until changes to our constitution allowed us to appoint new trustees from public adverts.

Billy's experience and knowledge of staff relations was invaluable on many occasions and he was always willing to give advice.

**J A Irvine**  
Chairman



## Trustees Report

The Trustees present their annual report and audited financial statements for the year ended 31 March 2011.

### STATEMENT OF TRUSTEES' RESPONSIBILITIES

Law applicable to charities in Scotland require the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the group at the end of the year and of its financial activities including its income and expenditure during the year then ended. In preparing these financial statements the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity and the group will continue its activities.

The Trustees are responsible for keeping accounting records which disclose with reasonable accuracy the financial position of the charity and of the group and which enable them to ensure that the financial statements comply with the Trust Deed and the Charities Accounts (Scotland) Regulations 1992. They have general responsibility for taking such steps as are reasonably open to them to safeguard the assets of the charity and of the group and to prevent and detect fraud and other irregularities.



# Shetland Recreational Trust

## Trustees

The Trustees who served during the year are shown below. The Trust Deed confers the power on the Trustees to assume new Trustees.

**Mr J A Irvine**

Chairman  
Grunnablett, Brae  
Representing North Mainland  
Community

**Mr J P Nicolson**

Vice Chairman  
Scarfataing, Trondra  
Independent Trustee  
(resigned 15 March 2011)

**Mr I S Gray**

Caloundra, Scalloway  
Representing Scalloway Community

**Miss L A Irvine**

20 Hogalee, East Voe, Scalloway  
Representing Whalsay Community

**Mr W A Jamieson**

School House, Mid Yell  
Representing Yell Community

**Mr G P Keith**

South Gardie, Aith, Bixter  
Representing West Mainland  
Community

**Mrs A Y Leask**

17 Ackrigarth, Lerwick  
(appointed 15 December 2010)

**Mr B J Leask**

42 Nederdale, Lerwick  
(appointed 23 November 2010)

**Mr N A Martin**

Swinister, Sandwick  
Representing South Mainland  
Community

**Mr W N Stove**

Lovers Loan, Lerwick  
Independent Trustee  
(resigned 15 March 2011)

## Managers / Officers

**General Manager**

James Johnston

**Support Services Manager****& Acting Depute General Manager**

Shona Nisbet

**Technical Services Manager**

Bertie Cooper

**Communications Officer**

Gregor Manson

**Finance Officer**

Eileen Mowat

**Health & Fitness Manager**

Diane Legget

**Health & Safety Officer**

Steven Goodlad  
(resigned 30 April 2010)

**Training & Development Officer**

George Mustard

**Clickimin Leisure Complex Manager**

Robert Geddes

**North Mainland Leisure Centre Manager**

Lorraine Gifford

**Scalloway Pool Manager**

Edward Leslie

**South Mainland Pool Manager**

Lynette Laurenson

**Unst Leisure Centre Manager**

Matthew Cox

**West Mainland Leisure Centre Manager**

Ian Anderson

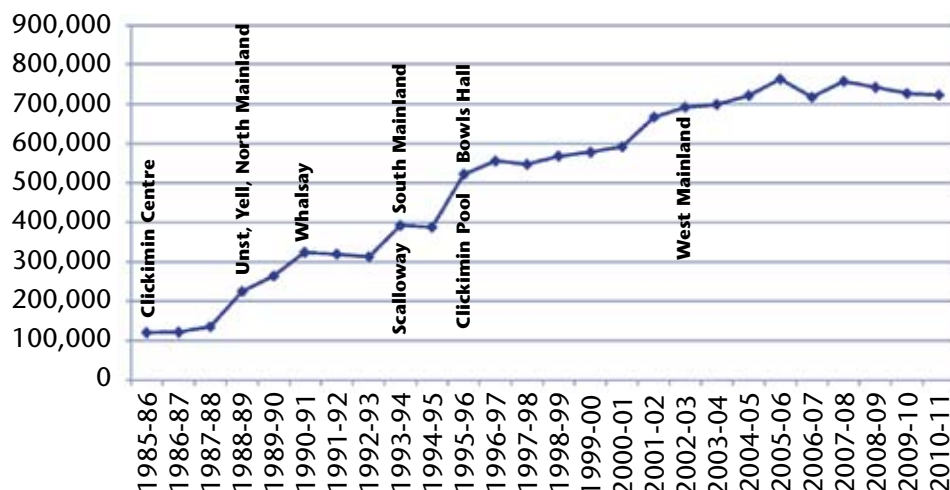
**Whalsay Leisure Centre**

Ian Simpson

**Yell Leisure Centre Manager**

David Gear

## Admissions at all centres 1985-2011



## Centre opening dates

Clickimin Centre	1985
Unst Leisure Centre	1988
Yell Leisure Centre	1988
North Mainland Pool	1988
Whalsay Leisure Centre	1990
South Mainland Pool	1993
Scalloway Pool	1993
Clickimin Pool & Bowls Hall	1995
West Mainland Centre	2002

**Total admissions since 1985 at 31 March 2011 – 13,181,023**



## Principles of Operations, Aims and Objectives

The central objectives of the Shetland Recreational Trust are in the interests of social welfare for recreation and leisure time occupation with the aim of improving the condition of life for the inhabitants of Shetland.

The facilities will cater for:

- ALL PEOPLE young, old, families, the able and the disabled, the advantaged and the disadvantaged, employed and unemployed.
- ALL LEVELS of aspirations – recreational, social, beginners, improvers and experts.
- ALL TYPES of organisations – teams, leagues, schools, community organisations, clubs and societies.
- MANY KINDS of socially desirable leisure activities, recreation, sport, social entertainment and voluntary interests.

The facilities will be places for whole communities to meet, socialise and play. They will be a major attraction for local residents and will be important facilities in the attraction of tourists.

### GENERAL AIMS AND OBJECTIVES

- To serve and give substantial sporting and recreational opportunity to all people in each community with particular emphasis on disadvantaged groups.
- To balance the interests of the greatest number and the greatest need, meeting the requirements of both majority and minority sport.
- To provide and encourage opportunity for communities to discover new recreational interests by the imaginative use of all resources.
- To stimulate community initiatives and support community organisations within each Centre.
- To meet these objectives in a cost effective manner and within the set financial targets.

### REVIEW OF FINANCIAL POSITION

The financial position of the Trust is set out in the annual audited statements which form part of this report. Copies may be obtained by writing to the General Manager of Shetland Recreational Trust.

### REVIEW OF THE DEVELOPMENT, ACTIVITIES AND ACHIEVEMENTS DURING THE YEAR

Details of the development, activities and achievements of the Trust during the year are detailed in the following pages.

**J A Irvine**  
Chairman

### LEGAL AND ADMINISTRATIVE DETAILS

Principal address:

Clickimin Leisure Complex  
Lochside  
Lerwick  
Shetland  
ZE1 0PJ

Bankers:

Clydesdale Bank plc  
106 Commercial Street  
Lerwick  
Shetland  
ZE1 0JJ

Solicitors:

Dowle, Smith and Rutherford  
St Olaf's Hall  
Church Road  
Lerwick  
Shetland  
ZE1 0FD

Auditors:

KPMG  
191 West George Street  
Glasgow  
G2 2LJ

Charity Registration No: SC 002179



# Clickimin Leisure Complex

Clickimin Leisure Complex witnessed an incredible year during 2010/11 with a massive 28% boost to revenue, excluding educational recharge, and a rise of 6% in admissions. An increase in the number of events contributed to the improved figures, with six extra special events hosted by the Complex to help celebrate 25 years of service to the local community of Lerwick and further afield throughout Shetland.

A notable change has been that a large number of the events held were promoted by the Complex itself, instead of relying on promoters or groups hiring the facilities to host them. New ideas including Mr&Mrs, the Generation Game and Murder Mystery nights were introduced and held in the multi use studio throughout the year and they proved very popular. During December these functions were supplemented with a

number of works Christmas parties for companies and firms attending the other new Black and White nights.

Such a varied programme of events, along with the many classes and courses on offer, can only be held successfully with the support and hard work of the operational staff and instructors, and they must all be highly commended for their efforts throughout the year.

## 25th Anniversary Celebrations



*Lochside with the North Loch and Clickimin Loch during the 1950s.*

*Photo courtesy of Shetland Museum and Archives.*

The original Clickimin Centre was built by the then Clickimin Recreational Trust. Now known as Clickimin Leisure Complex to celebrate 25 years of successful operation staff laid on a number of functions aimed at highlighting the huge range of leisure activities the facility has offered to the community over the last quarter century. The

young and not so young were entertained with a range of events from popular children's entertainers the Singing Kettle to a rock and roll night with one of the first bands to play in the Centre – rock group Showaddywaddy.

In August the silver anniversary was officially celebrated with an **Open**

**Day.** Activities organised by the staff and local groups allowed everyone to try out new sports and experience what some of the many clubs and groups have to offer on a weekly basis. Over 1,000 people attended the Open Day, taking advantage of the chance to try everything for free. The climbing wall and karate sessions proved to be particularly popular with



# Clickimin Leisure Complex



*Early construction groundworks.*

*Photo courtesy of Shetland Museum and Archives*

young and old alike. Promotional material and special offers were available and ensured everyone left with a smile and renewed vigour to attend some new activities particularly during the long winter months.

September brought the cream of the darts world to Clickimin to participate in the **25th Anniversary Darts Tournament**. Eight players from the Professional Darts Corporation (PDC) travelled north to compete in the



*Clickimin Centre in 1985.*

*Photo: Maurice Haining*



*Mr John Nicolson speaking at the opening ceremony on 30 March 1985. The then Lord Lieutenant Magnus Shearer officially opened the centre. Guest of honour Tessa Sanderson, MBE and Olympic javelin gold medalist, unveiled a commemorative plaque.*

*Photo: Dennis Coutts Photographers*





# Clickimin Leisure Complex



*All sorts of things to try at the Open Day!*

*Photos: Kevin Jones*



*Winner of the SRT 25th Anniversary Darts Tournament 15 Times World Champion Phil 'The Power' Taylor with his trophy.*

*Photo: Kevin Jones*

knockout tournament. 1,400 people witnessed fifteen-time world champion Phil 'The Power' Taylor blitz his opponents with a devastating display which included a 9-dart-finish in the semi final to claim the trophy against Mark Webster. A full days entertainment of music and sport ensured the crowds left the tournament happily singing the now famous darts theme tune Chase the Sun.

At the beginning of October the rock and roll band **Showaddywaddy** entertained a crowd of nearly 1,000 with a range of chart topping hits from the 70s and 80s. Local band **No Sweat** completed the line up and, as both bands were on stage when it all began 25 years ago and were actually the first large event to be staged at Clickimin, it brought back happy memories for many who attended. It was fitting that they returned to celebrate with the public of Shetland albeit the gig, initially planned for April, had been postponed due to the ash cloud from Iceland preventing them from travelling. A very lively crowd



*The audience are encouraged to dance along to PDC Darts theme song Chase the Sun.*

*Photo: Kevin Jones*



# Clickimin Leisure Complex



*Showaddywaddy's founder member singer Dave Bartram with a group of the audience who were invited to join the band on stage. Inset: No Sweat.*

*Photos: Kevin Jones*

bopped and sang the night away to both bands famous hits.

The following week witnessed two sell-out shows of the **Singing Kettle's Pirate Party**. Promoted by the Complex for the younger generation, Artie, Cilla and friends entertained the 1,400 crowd with renditions of famous nautical songs such as Drunken Sailor, Over the Irish Sea and Eelly Alley O. The children and adults made a great effort with their fancy dress for the two shows with several hundred little (and not so little!) pirates spotted in the crowds.

In December celebrations took the form of an **SRT Badminton Festival**. Over fifty youngsters took part in various skill and fitness challenges in which a high level of ability and competitiveness was evident. It was a great day for the young



*Audience participation as the Singing Kettle perform the Monkey Song.*

*Photo: Kevin Jones*



# Clickimin Leisure Complex



*Craig Nicolson competes for Lerwick ASC in the Boys Open 100m butterfly.*

*Photo: Kevin Jones*

badminton enthusiasts and they were all presented with medals for their efforts.

In January the **SRT Swimming Gala** was held. Re-arranged from December when the original event was cancelled due to snow, teams from all over Shetland took part in the fun team gala. Swimming athletes have been to the fore in the local press throughout the year for their achievements and the Trust Gala was no different as a high level

of competition was witnessed. As always the focus was not only on the competitive aspect, but was also to encourage children's participation in sport and everyone who took part received medals.

With the 25th year coming to a close it is hoped a legacy of the Open Day, Badminton Festival and Swimming Gala will be for the events to remain permanent fixtures for years to come. It is the vision of the Shetland Recreational Trust to provide

opportunities for all to participate in sports and activities whether socially or competitively. Open Days will provide the public with knowledge of the activities on offer and allow taster sessions. These will hopefully break down any barriers against sport that people sometimes feel, and enable them to take the first steps towards improved health and well-being by participating in individual or group/team activities.

## Caravan & Camp Site

The increasing trend nationwide for people to holiday closer to home rather than travel abroad was reflected in 2010/11 with another increase in visitors staying at Clickimin Caravan & Camp Site. Over the course of the year the site experienced a 11% boost in visitor numbers.

There is now a reasonably well established pattern with the first influx at the end of January for Up-Helly-Aa.

The folk festival over the last weekend of April saw another busy period and the 'full' signs were up for caravans during the last weekend of May when the Relay for Life event was held. June was an exceptionally busy month which started with lots of bookings for the Classic Car Show. The Hamefarin' also saw all the caravan stances fully booked for the duration, as well as many tent pitches. This period covered the nights before the Welcome Reception on 14 June right through to the Final Fling celebrations on Saturday 26th.



*Chris Henderson in one of the Technical Services vehicles used to keep the camp site and other areas around the Complex in good order.*

*Photo: Kevin Jones*



# Clickimin Leisure Complex



*A sheltered spot to camp on a sunny Shetland evening.*

*Photo: Kevin Jones*

July and August as always were very busy and there were many interesting comments posted in the visitor's book during this period. Most of these were very complimentary about the site, the Complex and generally about their whole experience during their visit. There were again many comments on how well the site is kept and the grounds maintenance team should be proud of their efforts.

During the course of the year staff welcomed visitors from 21 different countries. By far the highest numbers were from other parts of the UK with many also from Germany and France. The Hamefarin' meant there was also an increased number of visitors from more far-flung destinations. Australians, Canadians and visitors from New Zealand all enjoyed the facilities. The site also saw the continuation of an increasing trend over recent years – more bookings from Shetlanders. In the past year nearly 30% of bookings were made by locals. It is a very convenient place to stay if attending any of the special events held in the Complex.

One of the more unusual visitors to the site was a hotel bus which arrived with 17 passengers as part of their European tour. To accommodate the bus staff had to make temporary

alterations to normal arrangements and the large vehicle was parked across two caravan stances.

In November the site was closed for a day to allow the community fireworks display to take place. The display has been a regular feature for many years and using the campsite allows this popular event to take place safely in a spectacular setting.

Clickimin Caravan & Camp Site has for many years been proud to display a 5 Star status according to the Visit Shetland rating system. It appears that the site will become 4 Star after the 2011 summer season due to the introduction of a different rating system. However this will not reflect any reduction in standards and Clickimin staff will continue to provide all visitors with the best of attention at all times.

## Courses

The table below highlights the number and variety of courses offered during the year. The Gymnastics course statistic is significantly reduced due to the handover of this activity to the Shetland Gymnastics Club in June 2010.

With this exception, course attendance has increased by 17% over the past year. The Activity Team have introduced new activities - Play Zone, Skools Oot, Family Fun Frenzy, Gym-tastics, Baby Bond and Peerie Kickers, which have all contributed to this growth. There is more information about courses in the Health and Fitness section of this report.

Courses	Attendances 10/11	Attendances 09/10
Adult Trampoline *	42	–
Baby Bond *	222	–
Baby Gym *	456	–
Family Fun Frenzy *	198	–
Football Early Touches	312	190
Gym Kids 3+	306	371
Gym Kids 4+	612	606
Gym Tots	1,002	1,044
Gymnastics	808	3,927
Gym-tastics *	45	–
Jazz Dancing	270	440
Junior Gym	273	426
Mini Squash	96	204
Peerie Kickers *	600	–
Play 'N' Go	570	671
Pre-school Trampoline	768	853
Relax Kids	348	510
Skools Oot! *	374	–
Trampoline Beginners	318	326
Trampoline Improvers	468	408
<b>Total</b>	<b>8,088</b>	<b>9,976</b>

\* new courses





# Clickimin Leisure Complex

Pool Classes	Attendances 10/11	Attendances 09/10
Adult Class	12	30
Duckling Award	259	200
Frog Award	301	42
Level 1	245	121
Level 2	301	210
Level 3	420	142
Level 4	280	223
Level 5	266	228
Level 6	343	234
Level 7	98	115
Level 8	70	101
Otters Award	658	466
Senior Aqua	n/a	36
Tadpole	336	35
<b>Total</b>	<b>3,589</b>	<b>2,183</b>

## Groups with Block Bookings

Staff are grateful for the continued support from local groups who utilise the option of block booking for the period September to April. High levels of applications are received and staff allocate bookings on the basis of encouraging participation in all sports ensuring that there are opportunities for majority and minority activities. Block bookings are a great way for clubs to forward plan and secure the facilities required.

Below on the left is a list of associations, clubs and groups who have had block bookings over the last twelve months.

Active Schools  
Celtic Badminton Club  
Choi Kwang Do  
Clickimin Bowling Club  
Clickimin Gymnastics Club  
Climb Shetland  
Community Development  
Cunningsburgh F.C.  
Disability Shetland  
Eric Gray Resource Centre  
F.A.S.T.  
Goodlad F.C.  
Gremista Rovers F.C.  
GSI F.C.  
Junior Inter County Association  
Lerwick Amateur Swimming Club  
Lerwick Celtic F.C.  
Lerwick Indoor Bowling Club  
Lerwick Junior Netball  
Lerwick Outdoor Bowling Club  
Lerwick Rangers F.C.  
Lerwick Rifle & Pistol Club  
Lerwick Squash Club  
Lerwick Thistle F.C.  
Midnight Soccer  
Monday Club  
NHS Shetland  
Old Rangers F.C.  
Old Timers Bowling Club  
Scottish Slimmers  
Shetland Amateur Athletics Club

Shetland Amateur Competitive Swimming Club  
Shetland Badminton Association  
Shetland Banks F.C.  
Shetland Basketball Club  
Shetland Canoe Club  
Shetland Cricket Association  
Shetland Fencing Club  
Shetland Fencing Club (Adult)  
Shetland Football Association  
Shetland Gymnastics Club  
Shetland Indoor Bowling Club  
Shetland Indoor Bowling Club Junior  
Shetland Islands Volleyball Association  
Shetland Junior Football Association  
Shetland Karate Club  
Shetland Ladies Hockey Association  
Shetland Ladies Netball Association  
Shetland Rugby Club  
Shetland Squash Association (Adult)  
Shetland Squash Association (Junior)  
Shetland Swimming Association  
Shetland Table Tennis Association  
Shetland Transport  
Shetland Triathlon Club  
St Clements Badminton (Adult)  
St Clements Badminton (Junior)  
Support Training  
Thistle F.C. U14s  
Vocational Pathways



*Above and below: Senior Leisure Club members enjoying their Monday afternoon activities.*



## Pool

The pool had a good year both in terms of revenue which was up 15% and admissions which increased by 5% on last years figures. The pool continues to offer families the opportunity to participate in activities and is a good social meeting place for parents and toddlers. The programmes on offer encourage use

# Clickimin Leisure Complex



by all ages, from babies during the first couple of months of their life all the way through to some of our oldest customers.

The Early Birds sessions continue to be popular and are a perfect way to start the day. Open from 7am each weekday morning these provide the perfect opportunity to kick start the day before going to work.

Many classes and courses are on offer within the pool as the staff aim to take swimmers through the Scottish Swimming Learn To Swim programme. The Complex has a number of level 1 teachers and now has three newly qualified level 2 teachers to oversee the programme. Classes are very popular as are individual lessons for those looking to fast track or fine tune their techniques to achieve set goals. Credit must be given to all the teachers and staff who oversee the swimming programme as lots of good feedback is received from happy parents.

The pool inflatable continues to attract a number of customers on a regular basis as does the Busy Kids and Flippers are Fun. These special sessions are aimed at encouraging the fun aspect of attending the pool with floats, toys, flippers and masks available.

Swimming club members are well known to the staff as they utilise the pool on a regular basis to keep up their vigorous training programme virtually all year round. Their dedication and commitment is evident in the results members produce both locally and at national competitions. Local meets occur at weekends and are always a spectacle of close competition and with noise from the spectators a great atmosphere is created. Following a visit from Scottish Swimming development officer Gillian Innes it is hoped that the Complex is going to work more closely with the groups which will benefit both the clubs and the Shetland Recreational Trust.



## School Use and Admissions

### Main hall school admissions 1 April 2010 – 31 March 2011

School	Visits	Pupils
AHS	83	1,494
AHS ASN	21	168
Aith JHS	1	32
Bells Brae	40	1,084
Bells Brae ASN	67	1,272
Bressay	3	34
Fair Isle	1	6
North Roe	1	12
Sandwick	1	36
Sound School	27	661
School Comps.	6	350
<b>Total</b>	<b>251</b>	<b>5,149</b>

### Pool school admissions 1 April 2010 – 31 March 2011

School	Visits	Pupils
Aith JHS	1	32
AHS	183	3,294
AHS ASN	121	968
Bells Brae	90	2,250
Bells Brae ASN	262	1,572
Bressay	8	92
Fair Isle	14	83
North Roe	2	21
Sound	55	1,372
<b>Total</b>	<b>736</b>	<b>9,684</b>

Overall school admissions were down by 24.6%, with main hall admissions down 31.6% and pool admissions down 21.9%. Sixty percent of the main hall decrease in admissions is attributable to reduced usage from the AHS and their ASN department. Pool admissions are down due to reduced usage from AHS and Bells Brae.





# Clickimin Leisure Complex

## Special Events

As previously mentioned, Clickimin Leisure Complex had an extremely busy year of events which attributed to the overall increase in both revenue and admissions. The variety of events brought existing and new customers to the Complex and again highlighted the versatility of the spaces available. With many events now established annually or bi-annually the public of Shetland have plenty to look forward to and they are always welcome at the Complex.

The **30th Shetland Folk Festival** kicked off first in the new financial year with five concerts spread over the last weekend of April. The Folk Festival is a regular booking in the calendar and is as popular now as it has ever been with over 2,500 people attending the four nights and children's concert on the Friday morning.

Comedian and musician **Bill Bailey** travelled to Shetland at the end of May to perform an intimate gig as part of his UK wide tour. Bailey's show provided fans with the opportunity to see his surreal comic and musical imagination at its best. British Comedy Award winner Bailey has enjoyed success on the live stage for many years and entertained a Shetland audience of over 1,000 with his unique blend of comedy and musical talent.

Clickimin athletics track was the venue for the **2010 Relay for Life**. Around 1,950 people attended and spent 12 hours walking throughout the night around the athletics track. Various stalls and games were a welcome addition for those taking part and added to the unique atmosphere. Organisers of the event, held in aid of Cancer Research UK in Shetland, announced that they raised £224,164 which eclipsed the previous record of £121,000 for a CRUK relay event.

Record numbers of people turned out to see Shetland's **14th Classic Car Show** in June. There were 5,200



*Bill Bailey on stage with his Oud.*

*Photo: Dave Donaldson*



*Everyone in high spirits at Shetland's Relay for Life.*

*Photo: Dave Donaldson*



# Clickimin Leisure Complex



visitors – up 40 % on two years ago. The wide variety of vehicles on display included a host of classic and vintage cars, as well as a good number of motorcycles from over the decades. The much-anticipated steam engines also provided a flavour of a bygone age, while toys and models proved a tempting proposition for younger classic enthusiasts. The bi-annual event has proved increasingly popular over the years.

Nearly 600 Hamefarers, who had made journeys of up to 12,000 miles to discover their roots, catch up with relatives and explore the isles, attended four events at the Complex during June to celebrate the **Hamefarin**. A welcome reception was followed by a Tammy Anderson tribute night and the Accordion & Fiddle Dance, and the Folk Festival Final Fling bash brought the two week programme to a close. The celebrations concluded with a Viking procession of 400 plus guizers and the burning of a galley on the loch. This provided a spectacular sight for all visitors and locals alike.

The **Scottish Fiddle Orchestra** travelled north in July to celebrate its 30th Anniversary tour with a concert in Clickimin. The world-renowned orchestra delighted their audiences with a lively mix of rhythmic music interspersed with delicate slow airs and well-known Scottish songs.

Multiple Grammy Award winner **Steve Earle** entertained a crowd of 1,000 in September with a host of classic Americana songs including Copperhead Road, Guitar Town and Galway Girl. The gig was re-arranged from the previous December when freezing fog prevented him from travelling to the Isles.

The star attraction of the **Science and Technology Fair** was Dr Bunhead from the famed kids TV show Brainiacs. The event, held in September, was attended by thousands of children from schools throughout Shetland giving them an insight into the world of science. The



*TVs Dr Bunhead calmly set alight hydrogen filled bubbles on his head during his Crash Test Science Show at the Shetland Science and Technology Fair. Photo: Kevin Jones*

nature side of science was evident during the event as well, with many animals on display including snakes and spiders.

October welcomed the annual **Accordion and Fiddle Festival Grand Dance**. The climax of the festival drew

its usual sell out crowd who danced the night away into the early hours to a vast array of talent from all over the country.

Halloween was celebrated in style when a room full of guest detectives had to solve who'd killed the chef of Italian restaurant Politanas during Jillian Isbister's **Murder Mystery** night. Guests were treated to an Italian meal whilst actors performed sketches which gave the detectives clues as to the guilty party. This was just one of the many social evenings offered during the year and proved to be very popular with the public.

Also in October Scottish star comedian **Kevin Bridges** performed to a crowd of 1,000 in the main hall. The gig was moved from the Garrison Theatre due to ticket demand. Regarded as one of the best British stand up comics, Bridges had the crowd in fits of laughter with his side splitting material and actions on stage.

Chart topper **Newton Faulkner** played Clickimin as part of his Highland and Islands tour in November. The British musician, had success with releases from his



*Newton Faulkner performing his rendition of Queen's Bohemian Rhapsody.*

*Photo: Kevin Jones*



# Clickimin Leisure Complex



*John Hunter, aka Johan Sanderrevet of Valsgärde, looks forward to his very important day as his squad prepares to depart Clickimin after an early breakfast.*

2007 album *Hand Built By Robots*, with songs including *Dream Catch Me* and a cover of Portishead's *Teardrop*. Wooing the crowd with his unique picking playing style, the Brit-nominated artist entertained a capacity audience in what can only be described as one of the best solo performances at the Complex over its 25-year history.

For the first time the **Craft Fair and Food Fair** combined to promote a wide range of Shetland goods in November. Both the main hall and bowls hall were used during the event which lured thousands of customers through the doors to sample fine Shetland products and to experience the talent of local exhibitors. It was felt that the two fairs complimented each other and gave the public the opportunity to browse through all the goods under one roof. The event was a success and the format is to remain the same for next year's event.

The hosts and hostesses of Clickimin started off the 2011 events with the **Up Helly Aa** celebrations held in the main hall in January. Well into the night everyone warmly welcomed

back SRT employee John Hunter aka Jarl Johan Sanderrevet of Valsgärde and his squad who had started off their day with a hearty breakfast at the Complex many hours before. Clickimin has been used as an Up Helly Aa hall for many years and continues to support the festival, and is regarded as one of the best venues.

Grammy-nominated **Ernie Hasse & Signature Sound** performed



*Ernie Hasse & Signature Sound.*

*Photo: Dave Donaldson*

to 800+ customers in February. Combining 21st century ideas with the timeless quality of great quartets from the 1950s, they have broken the traditional mould of gospel quartets. The quartet created a great buzz within those who attended and its success was evident in the feedback received.

The annual **Schools Music Festival** concluded the events for 2010/11. This year the groups utilised both the main hall and bowls hall to perform a range of individual and group sessions. The four day festival finished with a final concert in the main hall when a vast range of young talent was on show for all to see. Based on the quality of the events the future of music in Shetland is a bright one.

## Special Sporting Events

Rarely does a week pass that there's not a sports event of some sort being held. As seen from the table opposite the Complex is utilised to host a number of club, group or association competitions or events. Whether in the pool or dry side these competitions encourage large numbers of participants and spectators to the facility.



# Clickimin Leisure Complex



The list below shows the sporting events held during the past twelve months.

Sunday 18 April Sunday 25 April	Table Tennis Championships Squash – Cee and Jay's Shetland Men's and Veteran's Tournament	Sunday 5 December	Karate – Shetland Budokai Lil Warriors Super Seminar
Saturday 24 April Saturday 8 May Sunday 20 June Sunday 18 July 4-6 August	Club Golf Festival Gymnastics Display Junior Inter County Dodgeball Tournament North of Scotland Junior Fencing Coaching Camp	Saturday 8 January	Squash – Shetland Inter Club Tournament
9-11 August Thursday 26 August	Junior Netball Coaching Camp Squash – Shetland V Gordonstoun U15s Match	Sunday 16 January Sunday 30 January	Junior Netball Tournament U16s Football 5-aside Tournament
Saturday 29 August	Shetland Swimming Association – Distance Time Trials	Saturday 5 February Sunday 6 February	U11s Badminton Championships Shetland Swimming Association – Junior Age Group Championships
Sunday 19 September Saturday 25 September	Junior Netball Tournament Shetland Childcare Partnerships Fun Day	Sunday 13 February	U15s County Badminton Championships
Sunday 26 September	Shetland Swimming Association – Junior Sprints Championships	Saturday 19 February	Squash – Bulter and Mulhern U11 and U13 Championships
Wednesday 6 October Sunday 10 October	Shetland Commonwealth Games Shetland Indoor Bowling Club – Open Triples	Sunday 20 February	U13s and U18s Badminton Championships
Saturday 16 October	Works League 5-aside Football Tournament	Sunday 20 February	Shetland Indoor Bowling Club Tournament – Jamieson Trophy
Sunday 31 October	Shetland Swimming Association – Senior Age Group Championships U16s Football 5-aside Tournament	Monday 21 February	Senior Singles Badminton Championships
Sunday 7 November	Shetland Indoor Bowling Club Tournament – Lollie Dalziel Memorial Trophy	Saturday 26 February	U16s Football 5-aside Tournament
Saturday 20 November	Skretting Fish Football Tournament	Sunday 27 February	Annual Senior Badminton Championships
Sunday 21 November Saturday 27 November	Gymnastics Competition Lerwick Spurs Junior Football Tournament – Sandy Lamont Trophy	Saturday 12 March	Squash - Bulter and Mulhern U15, U17 and U19 Championships
		Sunday 13 March	Shetland Indoor Bowling Club Tournament – Wallace Triples
		Saturday 19 March	Shetland U12s Football Tournament
		Sunday 20 March	Shetland Swimming Association – Senior Sprints Championships
		Saturday 26 March	Roy Wiseman Memorial Football Tournament

## Plans for 2011/12

Over the next twelve months there are plans afoot to improve the services on offer to the customer.

The pool side staff are working behind the scenes to restructure the swimming programme to improve the quality of teaching available to customers of all ages. Plans are also in place to create a pathway for anyone who wants to progress their swimming by linking with local clubs.

A new pool inflatable will be available for hire providing an exciting addition

for birthday parties and group bookings. This is something that has been missing for a number of years and it is hoped that it will prove popular.

On the dry side the main hall and multi use studio floors will be re-surfaced. The multi-use studio will also receive a refurbishment of its interior décor and with the addition of a new projector and big screen the room will be considerably more attractive and options for its use enhanced. A new dedicated meeting facility in the room previously known

as the Bowlers Bar will open in the summer and is expected to be very well used for holding a variety of meetings.

Staff will be encouraged to develop their skills and knowledge by attending training programmes to keep ideas fresh, up to date and to be aware of the latest opportunities which the leisure industry offers.

Overall there are exciting times ahead at Clickimin Leisure Complex for the community of Shetland to enjoy regardless of age or ability.





# Clickimin Leisure Complex

## Revenue and Admissions

1 April 2010 - 31 March 2011

Source		Actual to 31/3/11	Actual to 31/3/10
Total Main Hall	Revenue	£138,253	£123,680
	Admissions	100,442	87,270
Total Main Pool	Revenue	£166,178	£143,601
	Admissions	123,996	118,092
Total Multi Use	Revenue	£43,159	£30,559
	Admissions	16,593	17,265
Total Bowls Hall	Revenue	£25,823	£29,734
	Admissions	12,202	26,549
Total Fitness Suite	Revenue	£180,091	£151,918
	Admissions	36,334	32,412
Total Health Suite	Revenue	£108,923	£99,962
	Admissions	22,833	19,588
Total Squash	Revenue	£19,049	£17,599
	Admissions	7,180	6,903
Total Meeting Facilities	Revenue	£45,072	£15,426
	Admissions	24,295	22,321
Total Camp Site	Revenue	£28,791	£20,977
	Admissions	7,851	6,509
Total Shooting Gallery	Revenue	£406	£3,307
	Admissions	1,137	1,517
Total Outdoor Areas	Revenue	£22,657	£19,301
	Admissions	25,454	24,577
Total Event Tickets	Revenue	£60,435	0
	Admissions	1,955	0
Total Educational Income	Revenue	£42,090	0
	Admissions	14,839	0
Total Spectator / Shower	Revenue	£277	£236
	Admissions	52,518	61,155
<b>Total Facilities</b>	<b>Revenue</b>	<b>£881,204</b>	<b>£656,260</b>
<b>Total Facilities</b>	<b>Admissions</b>	<b>447,629</b>	<b>424,158</b>
<b>Other Income</b>		<b>£12,998</b>	<b>£11,114</b>
<b>Total Revenue for the Period</b>		<b>£894,202</b>	<b>£667,374</b>

With the educational recharge figures excluded this year the three main activity areas have all increased revenue and admissions over the previous year. Main hall revenue increased 25% with admissions up 18%; this improvement is satisfying and relates to a number of new sessions that were offered and the number of visitors that are coming to the activities. Swimming pool revenue fell although admissions

were up slightly partly due to more subscription use. Fitness suite revenue increased 13% on the previous year. Squash revenue and admissions fell, mainly due to the poor weather in December which had a big impact on the number of bookings made and caused fewer games in the leagues to be played. Football pitch revenues and admissions were again down and reflected the changes experienced with the footballers entering the

'B' League and having fewer home games, with some of these being played in Yell.

A range of energy saving features such as light sensors and low energy lighting have been installed and this year should see more improvements. The customers' quality experience continues to be the aim at Unst Leisure Centre.

## Block Bookings

Schools continue to be the Centres main users during the week but there are a number of clubs who have regular bookings spread over the year. The balcony is also being trialled as a site for bingo!

## Disability Shetland

The group hires the swimming pool and main hall during the school term to allow their clients a diverse range of activities. Bowls and new age kurling are the most popular pursuits in the hall although the water based sessions are also well attended.

## Northern Neesicks Amateur Swimming Club

Northern Neesicks ASC have had a quiet year on the competitive front and were unable to attend any of the Beta Leagues but hope to be back next year. Teaching and coaching sessions have been offered throughout the year with all swimmers making progress and a number being moved up a level. The Club Gala was held at the Yell Leisure Centre with a number of memorable races being swum.

## Unst Badminton Association

Club training started in September and went through to the end of March on a Tuesday evening. An 'A' and a 'B' team were entered in the Shetland leagues and performed admirably despite being the underdog in a number of their matches. With

their dedication to training and competing a few of the team were selected to represent Shetland in the Inter-county against Orkney.

## Unst Bowls Club

Such was the interest in short mat bowls this year that another mat was required to accommodate those attending. Between the games the jovial banter keeps everyone amused but once the jack is placed and the game begins no-one wants to lose and a serious competitive nature is shown.

## Unst Football Association

After much deliberation it was decided that Unst should step-down into the 'B' League as they would have difficulty fielding a team that

would be competitive in the top league now that a number of key players were at University. After an eventful season the team had a number of good performances behind them with a great home result against Yell! Unst WFA have also continued to build on previous years and have a strong following in the island. A North Isles junior team is also training and competing under the industrious Gordon Thomson.

## Unst Netball Club

Unst Netball Club continues to perform well in the Shetland league and the experience gained is being fed into the training, leading to continued improvement amongst those attending training. A mixture of experience and youth works well



Players in the Stanley Mouat Memorial Competition.

Photo: Desley Stickle



# Unst Leisure Centre



*Unst players in actions during a league match.*

*Photo: Kevin Jones*

and ensures there is a pathway of excellence to follow and the next few years should be a good time for netballers in Unst.

## Unst Senior Leisure Club

After many years meeting on a Thursday the Club moved days and now meets on Tuesdays at 2pm during term-time. This change has

seen the numbers attending increase slightly and has been popular among the members. All areas of the leisure centre are used with most people trying 2-3 activities a week. The 'Mystery Tour' lived up to its name and the Christmas party was eventually held in January after the weather put paid to it in December.

## Unst Squash Club

Due to other commitments Kevin Priest was unavailable to coach this year so Gordon Thomson led the two Thursday evening sessions. A number of the juniors' were selected to represent Shetland which provided them with experience of training and competing outwith Unst. The Christmas Squash Handicap was fiercely contested with some close matches before a winner was finally determined.

## Unst Youth Centre

Both the Junior and Senior Youth Clubs make use of the facility over the year for a number of main hall activities. Due to the close location the Centre is frequently able to provide a short notice activity option when needed. Again during the school exams the Youth Centre met on the balcony to ensure that primary and secondary Youth Clubs were running.

## Fitness Suite

Both revenue and attendances increased over the previous year with a number of new faces becoming regular visitors. The advent of Spinning in Unst has helped to encourage more people back to this area. Adult inductions were slightly down on the previous year but this was made up for by the 13 junior inductions that were given in three courses. More will be made of the fitness suite over the coming year.

## Gentle Exercise

This year, due to changes in the school timetable, those attending this session were able to make use of the main hall as well as the fitness suite. This allowed some other pursuits to be tried which helped make fitness a regular part of their lives.

## Gymfit

With so many junior inductions completed the Centre offered an exclusive session for juniors on a Thursday evening in the New Year.



Initially this proved an attraction but over time there were only two regulars attending. It might be that another time/day would be more suitable.

## Games Hall

Centre-run classes and courses were 50% up on attendances on the previous year helped by a number of new activities, the resurgence of some mainstays and the return of previously offered classes. Jump and Spinning are two classes that have quickly developed a loyal following and have

helped people make the change from spectators to participators! The last hour on a Wednesday was made a 'Happy Hour' where all areas of the Centre were offered at concession rate; this proved popular with the entire games hall booked for football almost every week!

In June the Centre was visited by the Scottish Opera Company who gave a performance for the schools. In February a 'Ride 2 Recovery' event in aid of Help 4 Heroes was held where the Unst and Yell spinning bikes were put to good use.

## Badminton and Fun Badminton

Fun Badminton has seen fewer attendances this year and will need a shake-up to attract new racketeers when it re-starts in the autumn. Secondary badminton has seen half of those eligible attending on a regular basis. Initially at 6pm, after Christmas the class moved to 7pm to help out the netballers who wished to move to the earlier slot. This also helped the badminton as another person was then able to participate. The Junior



Spinners for Help 4 Heroes.

Photo: Desley Stickle



# Unst Leisure Centre

Championships are scheduled to be played on 12 April 2011.

## Basketball

After enjoying their PE lessons a few secondary pupils asked if the Centre would offer this as an activity. It proved to be a popular choice over the summer term and it was good for a different sport to be tried for a while. Once the dark nights rolled in the usual activities became more popular.

## Circuits

Circuits started in September due to customer demand and continued to develop the speed, agility and fitness of those attending. The circuit changed weekly with only core exercises being ever present. Whatever your level of fitness the circuit is designed to stretch you to your limits and allow a sense of achievement once completed. A few variations were included this year including active recovery and pair/group exercises. The bleep test was used three times with improvements in performance noticeable from those who had regularly attended the

training. Circuit training is a great way to get fit for your sport!

## Crazy Racing

Another activity formulated after discussion with our customers where a 'lap' is made in the main hall and customers may bring their remote controlled vehicles to race on it. This only started in March and is in its early days, however staff believe it may prove another alternative leisure activity that will encourage people into the facility.

## Cricket

Re-introduced after a few years, some familiar faces re-appeared to test their mettle at indoor cricket, Unst style. Sessions were offered November to March and generally had 5-6 attending who made up an Unst team to participate in the Shetland knockout tournament.

## Football

Numbers attending upper primary and secondary sessions have fallen and require changes to keep the sessions viable. Little Giants (P1-2) has provided the majority of attendees even though numbers in the school

class decreased after the summer holiday. With changes to the primary timetable after the spring break the format of this session will need to be altered to ensure its continuing success.

## Holiday Activities

Activities were offered during the Easter and summer breaks. The Centre was closed for most of the October half-term to allow Christmas opening. Attendances were again down over Easter but the summer saw an influx of visitors which resulted in a 16% increase in the number of attendances over the year; when it's wet outside, parents are glad that there's something for their young ones to do. A Gladiator Challenge saw over 40 competitors in teams of four compete to win in a variety of events. Bouncy Castle and Play was the biggest success with 159 attendances over the eight sessions offered. During the Christmas opening, everyone was glad of something to do and the ladies played netball for the Millennium Cup while the mens' Annual Cricket Test was a keenly fought affair.



*Unst festive test match cricketers.*



## Jump

After the introduction of Spinning an aerobics style class was offered as a taster to maintain the enthusiasm shown in the group cycling class. This proved very popular and with such a strong demand regular sessions were started in the spring with a dedicated following. The instructor is currently looking at ways to develop the class.

## Ladies Night

There was a slight increase in attendances which was linked to the Spinning 30-minute classes that were included as part of Ladies Night. A number of new faces became regulars this year and have started using the facility at other times of the week as well. The attraction of the class is the ability to use more than one area of the facility for a set price; the most popular being fitness suite and swim.

## Netball

There are a number of lasses and ladies each week who make time for this all-inclusive activity. The warm-up drills vary week to week but their practical use can be seen once the games start. The secondary girls who attend are forming a cohesive unit and have commented that this is helping them develop as netballers. Unst are also gaining good results in the Shetland League which is a reflection of the training undertaken. A couple of players represented Shetland in a veteran Inter-county against Orkney (Shetland won!).

## Primary Games

The variety of activities that may be experienced in this session are what helps explain its popularity; this year the age range was extended to include P3's. Badminton, bouncy castle, Canadian longball, dodgeball, rounders, trampoline and other activities were tried to give a solid foundation of basic game skills. Due to the nature of the sports tried enthusiasm is the only requirement as it's likely no-one will be expert, yet!

## Rollerblading

This evergreen activity has seen a

mini-makeover and revival this year. Skates, blades, wave boards and scooters are all welcome to this any age activity. Thanks to these changes there has been a massive increase on the previous year and the Centre now takes casual bookings to use this equipment.

## Spinning

A six-week taster of the joys of this group based exercise class was planned over the summer holidays and it proved such a hit that the Centre purchased its' own equipment. Four classes have been held throughout the week to help

determine the most appropriate days/times. It's easier than riding a bicycle and will give you much more enjoyment than you'd think!

## Toddler Gym

A couple of mums expressed an interest in a hall based session for their very young children after the introduction of the Parent and Toddler class. A couple of days and times were tried with 3.30pm on a Sunday afternoon found to be the most popular.

The table below gives attendance comparisons for the sessions that the Centre offers:

Activity/Class/Course	Attendances 10/11	Attendances 09/10
Aquafit	53	14
Badminton Fun	19	61
Badminton Secondary	73	100
Basketball	65	–
Bouncy Castle and Play	159	99
Circuits	293	268
Crazy Racing	3	–
Cricket	51	–
Football Primary	219	294
Football Secondary	0	40
Funsplash	14	33
Fitness Suite Induction	21	24
Fitness Suite Junior Inductions	13	–
Gentle Exercise	18	15
Gym Fit	19	–
Jump	48	–
Ladies Night	169	155
Netball	230	195
Outdoor Adventures	30	–
Parent and Toddler	124	–
Pirates/Bouncy Castle	44	53
Pool Party	23	54
Pool Tables	0	3
Primary Games	175	199
Racket Sports	7	5
Rollerblading	289	12
Rookie	2	–
Spinning	129	–
Swim Games	21	–
Toddler Gym	110	–
Xmas Cricket	14	–
Xmas Netball	19	–
<b>Total</b>	<b>2,454</b>	<b>1,624</b>



# Unst Leisure Centre

## Outdoor Areas

The training and match pitches were used on a regular basis by both Unst mens and womens football teams during the season. Little Giant's also made use of this area using the smaller goals and enjoying the chance to be playing on grass under some sunny skies. The school had the running track marked out with a 100m straight and made use of it throughout the term. Their sports day was held on a glorious day when the whole school made use of this flat area. The multi-court was used throughout the year with most activity in the summer once the tennis net was put out.

## Outdoor Adventures

Building on the indoor class for 5-7 year olds the summer term saw them outside and trying various team games to encourage them to run around and work as a team. Being mainly boys they were most excited when football was the choice.

## Squash Court

Revenue fell 9% and admissions were down 19% although there were more casual bookings over the year. This year the squash leagues were combined with three divisions playing on a monthly basis. Even if you didn't win, points were available for playing and this could make the difference to staying up or going down to another division. Junior coaching was provided by Gordon Thomson and a number of his protégés performed well in the Shetland Squash tournaments played during March and represented Shetland in the Inter-county. The Christmas Handicap tournament

returned to its usual time and saw a good entry compete for the right to be crowned champion. The Centre continues to use this area for other classes including Little Giants, Spinning and Primary Games.

## Swimming Pool

There have been a number of changes to the swimming timetable during the year with the result that more pool time is now available with increased public swimming times. Uyeasound Primary and Baltasound Junior High School have made good use of the pool over the year with notable achievements being attained due to dedication, perseverance and the teaching provided. The Northern Neesicks continue to use the facility although their numbers have reduced and they are now looking to arrest this decline.

## Adult Only Swimming

Following a few years when attendances increased, numbers attending these two sessions stabilised this year and saw a slight dip leading up to Christmas.

## Daytime Swimming

These times were increased with Monday lunchtime providing a third time to swim. All three sessions had regular attendees who were grateful to be able to swim and return home in daylight. Due to its popularity, public swimming on a Thursday was increased and now starts at 3pm. As one customer commented 'this time is so convenient and relaxing'.

## Funsplash and Aquafit

In November Funsplash and Aquafit swapped days as both were seeing falling attendances. This helped

Aquafit which has seen increased numbers but to date Funsplash is in need of reviving its' fortunes; a revamp of the class will be offered when it re-starts after summer. Water exercise is a great way to improve fitness and both classes will do that.

## Parent and Toddler

Introduced in the summer this class is aimed at introducing babies and young children to the swimming environment. Using proven techniques the instructor leads the class through a variety of exercises with the intention of giving the baby a positive experience of water and the fun that it brings.

## Rookie

This 8 week class allowed the budding 'lifeguards' of the future a chance to try their hand at the skills and techniques needed to life save. Whether land based or in the water, the rescues certainly proved an eye opener to those attending.

## Swim Games

Held over the autumn term, the swimming pool was utilised to play a number of water themed games: treasure hunt, polo and volleyball. The fun that can be had when the games are based in water helps ensure the success of these activities.

## Plans for 2011/2012

Staff are looking at ways to increase participation among islanders and hope to offer sessions that encourage new faces into the facility. A review of the fitness suite is being undertaken which may lead to improved equipment to train with.



## Revenue and Admissions

1 April 2010 - 31 March 2011

Source		Actual to 31/3/11	Actual to 31/3/10
Total Main Hall	Revenue	£8,923	£7,120
	Admissions	5,322	4,516
Total Swimming Pool	Revenue	£7,537	£12,488
	Admissions	3,954	3,942
Total Squash	Revenue	£974	£1,067
	Admissions	732	893
Total Community Room	Revenue	£300	£355
	Admissions	470	515
Total Fitness Suite	Revenue	£5,551	£4,914
	Admissions	1,006	1,004
Total Pool Table	Revenue	£171	£257
Total Football Pitch	Revenue	£809	£853
	Admissions	890	1,041
Total Spectators	Admissions	4,367	5,620
Total Educational Recharge	Revenue	£65,165	£11,452
	Admissions	5,751	5,865
<b>Total Facilities</b>	<b>Revenue</b>	<b>£89,430</b>	<b>£38,506</b>
<b>Total Facilities</b>	<b>Admissions</b>	<b>22,502</b>	<b>23,396</b>
<b>Other Income</b>			
Total Vending Sales		£6,989	£8,947
Total Miscellaneous Income		£581	£665
<b>Total Revenue for the Period</b>		<b>£97,000</b>	<b>£48,118</b>



# Yell Leisure Centre

It's been another successful year at Yell Leisure Centre although overall admissions were slightly down when compared to last year.

During the year the Centre has had a number of improvements and refurbishments carried out. In the

summer a new car park was built as part of the new school. This bigger car park is now shared between the school and Leisure Centre. The Centre was closed for a week during July to have the main hall floor sanded and re-sealed and in December the Centre was closed for a few days to have new

carpets laid. This had been scheduled to be done during the refurbishment in 2008 but was delayed in order to avoid the possibility of the new carpets sustaining damage as a result of the school building work.

The Centre now looks very smart and is a credit to the staff and the customers who use the facilities. It's no surprise that people visiting the Centre for the first time can't believe that it has been open for over 22 years.



*Staff and pupils moved into the new Mid Yell Junior High School on 3 November 2010. Pictured is the leisure centre with the school next door and the new shared car park in the foreground.*

On 3 November 2010, staff and pupils moved into the new Mid Yell Junior High School. The school is now placed as close to the Centre as it could possibly be and the Centre and school staff continue to work in close partnership in order to provide the best possible service and opportunities to the children. Another example of the partnership is that the Leisure Centre boilers now heat the new school via underground pipes.

## Block Bookings

The Centre was hired by a wide variety of clubs and groups over the year. Staff very much appreciate the contribution made by those who organise and run these clubs as they are an integral part of the Centre's programme of activities.

### ASDAN

ASDAN is an award young people can work towards which improves social skills and develops skills for life. Training and workshops were delivered by a variety of people during the weekly sessions which took place in the community room; this was organised by the Mid Yell school.

### Burravoe School

The Burravoe school hired the community room as an extra teaching space when they were at the Centre for weekly PE and swimming lessons.

### Choi Kwang Do

This martial arts class ran up until October but then was discontinued

because the coaches who travelled from the North Mainland to deliver the classes could no longer attend.

### Lau Gar Kung Fu

Angus Meudell, a very experienced coach with over 25 years involvement in this martial art at international level, moved to Yell last year. He started this new club in January 2011 and they have booked the Squash court every Monday night since then.

### Mid Yell Youth Club

An average of 18 boys and girls, attended football coaching which was organised and funded through the youth club and lead by physical education teacher Alistair Williamson. The club also occasionally visited the Centre as part of their other club activities.

### Yell Badminton Club

The club had a block booking on Tuesday and Thursday evenings over the winter months. Attendances increased this year with up to 22 players coming to the twice weekly

club nights meaning that they often had all three courts booked. They also used the Centre for league games and for their very successful tournaments.

### Yell Bowls Club

The club visited the Centre on Tuesday nights throughout the winter months. Attendances were slightly down on last year, this was because the club could no longer afford to provide transport from North and South Yell meaning that some members could not attend.

Thanks to the driving force of some of the members the club continued and even introduced new age kurling which they played on the court alongside the bowls mat.

### Yell Football Club

The club trained in the games hall over the winter on Monday and Wednesday nights. During the summer they used the outdoor park for training and matches. They played reserve league games on Wednesday nights and cup games on Saturdays.





*Jenna McDonnell at a Yell Badminton Clup night. Jenna won the Shetland Badminton Association under-15 mixed doubles title, partnered by Dean Guthrie.*

*Photo: Kevin Jones*



*Bertie Tulloch tries his hand at new age curling, a new activity for the Yell Bowls Club.*

*Photo: Kevin Jones*

## Yell Junior Sports Club

This club was run by the Mid Yell school staff as a way of providing coaching in various sports after school. The main activities this year were football and badminton. There continued to be good attendances to the coaching and this paid off for the junior badminton players who did well in the Shetland age group championships. This year the badminton coaches were assisted by 12 year old Dean Guthrie who also won a number of titles and represented Shetland in Orkney, Inverness and Aberdeen.

## Yell Senior Leisure Club

The club met at the Centre every Monday afternoon throughout the year. The main activities were pool, table tennis, fitness suite, bowls, cards and tea and biscuits in the community room.

## Yell Youth Café

The youth café is attended by young people of secondary school age on Friday nights in the Mid Yell hall. A block booking was made in

the Centre's main hall for some of them to play football as part of their activities.

The following table shows a summary of block bookings over the year:

Club / Organisation	Activity	No. of sessions 10/11	No. of sessions 09/10
ASDAN	Community Room hire	29	54
Burravoe School	Community Room hire	30	35
Choi Kwang Do	Choi Kwang Do	6	26
Lau Gar Kung Fu	Lau Gar Kung Fu	11	–
Mid Yell Youth Club	Football coaching	10	–
Netball Club	Netball	11	12
Yell Badminton Club	Badminton	65	74
Yell Bowls Club	Carpet bowls	21	19
Yell Football Club	Indoor football	32	26
Yell Football Club	Outdoor football	13	16
Yell Junior Sports Club	Badminton	16	24
Yell Junior Sports Club	Indoor football	26	23
Yell Junior Sports Club	Netball	8	47
Yell Junior Sports Club	Table tennis	–	10
Yell Senior Leisure Club	Bowls/swimming/community room	42	42
Yell Youth Cafe	Football	12	9



# Yell Leisure Centre

## Community Room

The community room was used for a wide range of activities including birthday parties, meetings, courses and club activities. This area remains a very useful and important part of the facilities that the Centre has to offer.

## Fitness Suite

Usage of the fitness suite continued to grow with 1030 admissions, up 10% when compared to last year. Considering the small size of the room and the limited equipment available this indicates a very good level of interest.

## Games Hall

The games hall is by far the busiest area in the Centre, particularly during the school term when it is used by schools for PE lessons, this is followed by after school activities. In the evenings the courts have a wide variety of uses including Centre run activities, clubs activities and individual hires.

### Aerobics

There was a dramatic increase in the numbers attending aerobics as shown in the table below. Classes were run on Monday evenings during the winter months.

### Circuit Training

The circuit training provided a mix of resistance and aerobic exercises, the numbers attending remained very similar to last year.

### Flying Squad (Trampoline Club)

Trampolining remained very popular with coaching taking place on Wednesdays and Thursdays with 36 children taking part every week during the winter months.

### Fun & Games

Fun & Games is still very popular and the staff were kept busy entertaining the local primary 1,2 and 3 children after school on Wednesdays.



*Have you read any good Annual Reports lately? Kieran Johnson almost read our report from cover to cover at a children's activity session.*

## Holiday Activities

The vast majority of those who have attended the holiday activities have been parents with young children. For this reason sessions were geared to meet the demand by providing the bouncy castle and other activities for younger children in the games hall.

### Junior Gym

This short course allows juniors aged 13 to 15 to use the equipment in the fitness suite and covers topics such as

safe training techniques, the elements of fitness and how best to structure a workout.

### Junior Leisure Club

45 primary children joined the Junior Leisure Club which ran for 10 weeks from April to June. The club offered a wide range of activities from crafts to the bouncy castle and used the games hall, swimming pool and community room every week. The children were also provided with a healthy snack to keep their energy levels up!

Dryside Classes / Activities	Attendances 10/11	Attendances 09/10
Aerobics	238	120
Circuit Training	97	115
Flying Squad (Trampoline Club)	701	696
Football Coaching	–	90
Fun and Games	217	230
Holiday Activities	130	160
Junior Gym	18	9
Junior Leisure Club	450	457
Spinning	71	–
<b>Total</b>	<b>1,922</b>	<b>1,877</b>



## Spinning

The Centre got 7 spinning bikes at the beginning of the year and was able to start classes in February lead by recreation assistant Jennifer Simpson. These have been very popular with 71 attendances in just two months.

The table on the previous page shows the total numbers who attended the classes / activities described above, all of which were delivered by Centre staff.

## Outdoor Football Pitch

The football pitch was open from April to September and was primarily used by the school and football club. It was also well used by local children as a kick-about area.

## Schools

The Mid Yell, Cullivoe and Burravoe schools continued to take advantage of the facilities, the main areas used were the games hall and swimming pool.

## Squash Court

The squash court is now regularly used for spinning classes as well as for playing squash. This has resulted in an increase in revenue for the area when compared to last year. The school made less use of the area then they did last year which has resulted in a reduction in overall usage.

## Swimming Pool

Public swimming has been from 3pm to 7pm at weekends since the Centre opened in 1988. This year it was changed to 12 noon to 4pm. This has proved to be more popular with attendances increasing, particularly on Sundays. Lunchtime swimming is still available on weekdays and the schools also made good use of the pool for swimming lessons during the day. The evening programme was filled by classes and public swimming.

Pool Classes / Activities	Attendances 10/11	Attendances 09/10
Aquacise	267	146
Junior Aqua Club / Northern Neesiks	196	650
Learn to swim classes	615	233
Total	1,078	1,029

## Aquacise

There was a big increase in demand for these classes which resulted in classes running 2-3 times per week instead of just one evening a week as had been in previous years. This is reflected in the increased attendances as shown in the table above.

## Junior Aqua Club / Northern Neesiks

Some of the classes which the club had run were taken over by the Centre's Learn to Swim classes. This resulted in a reduction in club attendances and an increase in attendances to the Learn to Swim classes.

## Learn to Swim Classes

As stated above the main reason for the increased usage figures was due to some classes taking over some of the swimming club's activities. However more children from the Cullivoe and Burravoe primary

schools attended these lessons than had done in the past which was very encouraging and resulted in a big improvement in their general swimming ability.

## Plans for 2011/2012

To continue to work in partnership with other service providers to ensure that the programme of activities meets the needs of the local and wider community.

This year the Yell Leisure Centre achieved a gold award in the Tidy Business Standards programme. There is a commitment to further reduce any negative impact that the facility may have on the environment in the coming year.

Further staff training and development will also be carried out with the aim of having more staff qualified to lead exercise classes and coach trampoline.



Jonathan Thomson at a Junior Aqua Club training session.

Photo: Kevin Jones



## Revenue and Admissions

1 April 2010 - 31 March 2011

Source		Actual to 31/3/11	Actual to 31/3/10
Total Main Hall	Revenue Admissions	£9,727 6,379	£11,170 8,106
Total Swimming Pool	Revenue Admissions	£6,114 3,866	£6,086 4,145
Total Squash	Revenue Admissions	£903 821	£797 1,065
Total Community Room	Revenue Admissions	£2,333 5,584	£2,844 6,640
Total Fitness Suite	Revenue Admissions	£3,524 1,030	£3,673 936
Total Pool Table	Revenue Admissions	£653 251	£652 290
Total Football Pitch	Revenue Admissions	£422 433	£340 408
Total Office Rental	Revenue	£11,832	£10,764
Total Spectators	Admissions	9,108	9,110
Total Educational Recharge	Revenue Admissions	£66,278 9,998	£14,708 10,334
<b>Total Facilities</b>	<b>Revenue</b>	<b>£101,786</b>	<b>£51,034</b>
<b>Total Facilities</b>	<b>Admissions</b>	<b>37,470</b>	<b>41,034</b>
<b>Other Income</b>			
Total Vending Sales		£9,672	£9,306
Total Miscellaneous Income		£562	£735
<b>Total Revenue for the Period</b>		<b>£112,020</b>	<b>£61,075</b>



During the period 2010/2011 the North Mainland Leisure Centre continued to hold its own on the year before.

The Midway Pitch again was operating at capacity throughout the

summer, however the winter months were badly affected by the severe weather with it being unplayable for most of the period.

The fitness suite was busy with both courses and casual use. The squash

court is now fully utilised every evening with squash, spinning, circuits and even bouncy castle parties. The pool was very busy with lessons and courses held throughout the year and the introduction of the new inflatable run!

## Community Room

### Boxing

Popular with many of our clients from the Sullom Voe Terminal. A great workout after a day in the office!

### Fundays

Holiday activities for the primary school age. These days included art, nature walks, swimming and sport that became an action packed fun day in the holidays.

### Meetings

The community room has been busy with meetings. Hires ranged from First Responder Training to Podiatry.

## Crazy Golf

Still a great feature in the summer months with many playschemes coming to use the facility.



Karis Sutherland trying the obstacle course on the Fundays.

## Fitness Suite

Although there is a shortage of gym instructors at the moment this facility was still fully booked, both with casual use and courses.

## Games Hall – Additional Activities

Staff have continued to run the following courses and activities utilising the Brae High School games hall:

### Early Touches

The junior footballers continued to use the hall and the course was fully booked with many a budding talent.

### Holiday Activities

The holiday activities are popular with the Fundays booking up fast. The children enjoyed a full range of activities from swimming, to art, to sport.

### Trampolining

The course is still popular with the two trampolines being used each week.

## Midway Pitch

### Football Clubs

The football clubs have used the pitch for training throughout the winter months. In the summer they will start to make use of the grass pitches. Not only do Delting use the pitch but other local teams are using the facility as well.

## Hockey

The Midway Pitch has become the main pitch for the Shetland Hockey Association who played all their league games there last season. The Senior Ladies Hockey Association hired the facility for two evenings a week and the Junior Hockey players used it for practice sessions.

### Jogging Club

An array of yellow joggers can be spotted every Tuesday evening as the club leaves the Centre for a run around Brae.

### Soccer Sixes

The Soccer Sixes again ran a very successful league for the winter months although it was disrupted by the unusually bad weather.

## School Use (Additional)

Brae High School pupils with special needs receive one to one sessions with Centre staff. These sessions can be the highlight of the week for some pupils.

## Squash Court

The squash court has been very busy with the space used to capacity.

### Circuits

A junior circuit course has been adapted to fit into the squash court and is popular with the youngsters as it helps them get fit.

### Parties

Bouncy castle parties in the squash court have now become popular with parents to make their children's party that little bit more special.



# North Mainland Leisure Centre

## Spinning

This new activity has taken off well with a session on every day run by instructor Stuart Lavender.

## Squash

Another league has just been completed with Eddie Thompson the eventual winner. This league certainly increased the use of this area.

## Swimming Pool

### Aqua Aerobics

Still really busy, although moved to a Tuesday night. It is instructed by Lorraine Gifford who puts the ladies through their paces.

### Children's Swimming Lessons

Following the national "Learn to Swim Programme" which offers 8 progressive swimming levels and covers key stages of development. These lessons aim to help children improve their overall water confidence, water skills and help develop those all important 4 main strokes.

An important and enjoyable set of lessons are the Deep End and Deep End Plus courses which help children reach the national standard and allow



*Maria Parker enjoying a spinning session.*

them to swim in deep water. A follow up course helps give the children even more confidence in the deep end.

### Delting Dolphins

The Delting Dolphins had a very successful year going from strength to strength, with all but three members of the squad swimming at district level and eight at national standard. Felix Gifford was again picked to swim

for Scotland this time in Dublin. The team won the SRT trophy in February which showed what depth they have in the squad.

### Fun Run Pool Inflatable

The introduction of the Fun Run has boosted Saturday afternoons, with children trying their hardest to stay on the inflatable to complete the circuit.



*Delting Dolphins winners of the SRT Anniversary Shield.*

*Photo: Kevin Jones*



## Rookie Lifeguard Programme

Many of the members have completed the Rookie Lifesaving Awards and are now studying for the Lifesaving 1-3 Awards. Michael Southern and Loris MacDonald passed the Bronze Medallion earlier in the season.

## UKCC Level 1 and 2 Certificate in Teaching Aquatics

Lorraine Gifford tutored a UKCC Level 2 course in July for SRT staff members. The course included the preparation, delivery and evaluation of teaching and coaching activities. All candidates achieved the award. In February another course at Level 1 standard was also completed.

Activity/Class/Course	Attendances 10/11	Attendances 09/10
Aqua Aerobics	385	410
Circuits	220	285
Dancing	40	295
Football	460	800
Fundays	200	104
Gymnastics	75	195
Inflatable parties	595	790
Jogging	67	98
Pool hires/parties	1,475	1,075
Private lessons	235	316
Spinning	120	–
Swimming club	2,599	3,140
Swimming lessons	1,350	1,080
Trampolining	315	365
Weights	585	610
<b>Total</b>	<b>8,721</b>	<b>9,563</b>

## Plans for 2011/2012

The staff aim to maximise the use of every area in the Centre, especially promoting spinning and the fitness suite, with more courses and lessons.



# North Mainland Leisure Centre

## Revenue and Admissions

1 April 2010 - 31 March 2011

Source		Actual to 31/3/11	Actual to 31/3/10
Total Main Hall	Revenue	£2,536	£6,417
	Admissions	896	2,738
Total Swimming Pool	Revenue	£16,772	£16,242
	Admissions	10,959	9,508
Total Outdoor Areas	Revenue	£11,903	£12,635
	Admissions	16,690	33,314
Total Squash	Revenue	£4,213	£1,933
	Admissions	1,650	660
Total Community Room	Revenue	£4,158	£2,569
	Admissions	2,558	2,305
Total Fitness Suite	Revenue	£15,054	£14,180
	Admissions	4,630	4,658
Total Health Suite	Revenue	£1,957	£1,184
	Admissions	421	314
Crazy Golf	Revenue	£382	£722
	Admissions	290	529
Pool Table	Revenue	£287	£192
Total Spectators	Admissions	7,507	6,147
Total Educational Recharge	Revenue	£83,664	£21,769
	Admissions	3,338	3,831
<b>Total Facilities</b>	<b>Revenue</b>	<b>£140,926</b>	<b>£77,843</b>
<b>Total Facilities</b>	<b>Admissions</b>	<b>51,502</b>	<b>64,004</b>
<b>Other Income</b>			
Total Vending Sales		£7,811	£10,570
Total Miscellaneous Income		£565	£1,378
<b>Total Revenue for the Period</b>		<b>£149,302</b>	<b>£89,791</b>



# Whalsay Leisure Centre



The Whalsay Leisure Centre continues to offer superb facilities for the ever active community. During the year staff have offered the local community a wide range of sports and activities to maintain a healthy, active lifestyle. The centre has again teamed up with Shetland College who use the meeting room to deliver adult learning in a range of courses. The Minibus Association and Whalsay Sports Development Trust remain

important stakeholders to the centre. The staff will be working hard to ensure the next twelve months are as busy as ever.

On the 1 April 2010 the centre held its 20<sup>th</sup> anniversary celebrations. This involved an open day with all activities free to thank customers for their support over the years. Activities included dance mats, spinning classes, inflatable session, Diane Legget dance class and a pool inflatable session to

name but a few. Centre staff who worked over the years, trustees and senior trust staff members were invited to a buffet to celebrate their contribution to the success of the past twenty years.

Since opening the centre's overall admissions at 31 March 2011 reached an amazing 1,011,218. This is particularly significant as it is the first rural centre to reach over 1 million.

## Birthday Parties

The leisure centre attracted 70 birthday parties throughout the year. 40 sessions were held in the main hall with the inflatable castle and pre-school inflatable bug the main appeal. 30 parties were held in the swimming pool with the inflatable fun run remaining popular.

## Block Bookings

Many sporting clubs make extensive use of the centre facilities during the year. The centre and local clubs work close together to ensure as many sporting activities are offered to the local community as possible.

## Senior Leisure Club

During the year 504 visits were made to the Senior Leisure Club during these sociable two-hour sessions. Carpet bowls, swimming and fitness suite were the most popular activities with time for refreshments half way through. The fitness suite proved particularly popular during this session with some newcomers attending.

## Wast Linga Ramblers Football Club

The club was set up to provide football for local players not playing first team and reserve team football. The club made regular 5-a-side

bookings and Harbison Park bookings for training. The team continues to improve with increased fitness levels and players gain valuable experience enabling them to compete in the Shetland Works League.

## Whalsay Badminton Club

During the winter months the club met weekly to play games and they booked various sessions for team practices when court space was available. Whalsay had two teams in the Shetland Badminton leagues and both did well in the first and second division with the highlight being the first team winning the knockout cup.

## Whalsay Football Club

Whalsay F.C. had a successful year with the first team winning the Premier League, Highland Fuels Cup, Manson Cup, Fraser Cup, Parish Cup and Laurenson Cup in 2010. The reserve team proved the strength and depth of the senior squad after winning the Reserve League.

The under 10s, 12s, 14s and 16s teams trained on Friday nights during the winter months before playing on the Harbison Park when the weather improved. The senior Whalsay Football Club appreciated having the use of the main hall, Harbison Park and spinning classes for training during the winter months.

## Whalsay Golf Club

Golf sessions were booked in April and May using Stag and Tri golf sets. Sessions focused on putting, chipping, pitching and full swing both



*The bairns and Belinda Bug sample the sun.*



# Whalsay Leisure Centre

indoors in the main hall and outside, using land to the side of the building when the weather permitted. This enabled coaches to encourage anyone interested in improving their swing before the outdoor season got into full flow.

## Whalsay Hockey Club

The Junior Hockey Club used the main hall and Harbison Park for training through the year which contributed to the team's success. All primary and secondary teams remain competitive in their leagues. In adult hockey, Whalsay remain the team to beat in indoor hockey, winning the winter league and cup competition. Whalsay also remain a dominating force winning the Mid Brae Inn Cup, Brian Moulder Memorial, Shearer Shield and Lizzie Polson Memorial.

## Whalsay Netball Club

The Whalsay Junior Netball Club continues to be well attended; primary 4 to 7 and secondary pupils train on Tuesday afternoons. Classes were moved together to develop continuity and to encourage progression to the next level. Whalsay have three teams in the senior Shetland leagues and each year Whalsay hosts the Williamson Cup in the leisure centre.



Whalsay junior netballers.

## Whalsay Trampoline Club

This year the club had 25 members attending four classes which ran through the winter months. Each member worked throughout the year on new skills and practising routines to perform at the Shetland Trampoline Championships which were held in Whalsay. Each member also worked towards a grade which they were presented with at the club's end of session competition.

## Fitness Suite

The fitness suite remained busy with revenue and admissions maintaining the same levels set in previous years. There was an increase of senior citizens using the fitness suite especially during the Senior Leisure Club on Tuesday afternoons.

## Fitness Suite Circuits

The aim is to increase customer exercise knowledge so they can keep their workout varied and interesting. Five-week blocks were developed, giving users confidence and valuable training tips.

## Junior Gym

Five-week courses ran for 13 to 15 year olds with users gaining knowledge of the equipment and

techniques required for use of the fitness suite. All who attended were deemed competent to use the fitness suite in their own time.

## Weight Loss Group

Marcia Pearson started up a weight loss group which consisted of a fortnightly gathering on Friday nights. This class incorporated a private weigh-in using the fitness scales plus a chance to try some new activities including a fitness suite session, step aerobics, spinning bikes and step counting using pedometers. All who attended found the class very sociable and helped in the battle to lose weight.

## Games Hall

### Adult Activities

Adult classes remained well attended with over 2,300 admissions through the year. Aqua aerobics and circuit training numbers although slightly down still remain high. Spinning boosted the figures with more permanent classes scheduled through the year.

### Aerobics

Rosalyn Polson took classes on alternate Thursday nights during the winter months. The aim is to have more aerobics instructors available for next winter to meet the demand for classes.

### Circuit Classes

The circuit classes have continued to be popular with over 700 taking part. Beginner / intermediate classes ran on Saturday morning and intermediate / advanced classes took place on Monday evenings. Fresh ideas and continued staff training for instructors are crucial if classes are to maintain customer interest levels.

### Jog Club

There were two groups, beginners and improvers, who met up every Wednesday night to complete various exercises and drills all over



Adult Class / Course	Attendances 10/11	Attendances 09/10
Aquacise	903	936
Aerobics	56	137
Circuit Training	572	640
Jog Club	119	169
Saturday Circuit	248	383
Spinning	336	121
Studio Gym	131	70
<b>Total</b>	<b>2,365</b>	<b>2,456</b>

the Whalsay roads. Rosalyn Polson ensured the sessions continued over the summer months.

## Studio Gym

Marcia Pearson delivered this toning weights class session on Thursday nights over the winter months with numbers almost doubling compared with last year.

## Junior Activities

Junior dry activities numbers are up considerably mainly due to delivery of badminton, football and pre school gym courses.

## Badminton

Richie Hutchison and Ian Simpson delivered all the junior badminton sessions on Wednesday afternoons, with 446 admissions during the sessions. These classes are open to primary 5 to secondary 3 pupils then players progress onto the Adult Badminton Club on Tuesday nights. The bairns took part in training as well as fun games which were aimed at exposing them to matches that are more competitive.

## Handball Games

These entertaining sessions saw over 500 admissions on Friday afternoons after school with fun games including handball, dodgeball, and basketball.

## Junior Football

Richie Hutchison delivered a range of football classes throughout the year from nursery football to secondary champion's league football. Nursery football was new to this years programme and introduced the bairns to the basics of the game,

improving co-ordination and learning rules through mini games. All football sessions were held in the main hall and on Harbison Park when weather permitted and saw 792 admissions through the year. Neil Polson is looking to complete his Scottish Football Association (SFA) Early Touches award to help Richie with next years sessions.

## Pre School Gym

Louise Anderson delivered this fun session for pre-school age on Thursday afternoons. The sessions included warm ups, musical exercises and obstacle courses, which help build key motor skills and co-ordination with basic fun movements. The bairns loved the music and songs that went along with this class.

## Holiday Programme

A busy holiday period ensured 744 admissions over the Easter, Summer and October school holidays. Fundays which included an obstacle course and a bouncy castle session plus regular pool inflatable sessions remained popular. Karate



Family fun on the foam seesaw.

Photo: Kevin Jones

Junior Dry Class / Course	Attendances 10/11	Attendances 09/10
Badminton	446	400
Fitba Nursery	202	—
Fitba Focus Primary	380	123
Fitba Focus Secondary	210	—
Handball Games	511	708
Junior Gym	85	120
Pre-School Gym	342	254
Squash Primary	210	169
Squash Secondary	42	—
Teen Spinning	8	—
<b>Total</b>	<b>2,436</b>	<b>1,774</b>



# Whalsay Leisure Centre

Holiday Programme	Attendances 10/11	Attendances 09/10
All Day Fun	27	24
Bounce Mania	80	50
Dance Mats	66	–
Easter Dive	48	46
Funday	129	136
Halloween Roller Disco	23	26
Junior Aqua	3	10
Junior Boot Camp	7	–
Junior Circuit	5	2
Karate	26	–
Peerie Swimmers	27	–
Pool Fun	102	88
Pool Inflatable	142	179
Splash Disco	59	11
<b>Total</b>	<b>744</b>	<b>572</b>

'come and try' sessions, swimming classes and dance mats were novel entertainments enjoyed by the children.

## Meeting Room

### Shetland College Learning Centre

The meeting room is extensively used during the school term times to provide adult learning in Whalsay. 44 hours per week are booked to deliver a range of classes from Advanced European Computer Driving Licence

(ECDL) to Digital Photography and Letter Writing. The Video Conferencing facility is also well used during classes and by Whalsay school pupils.

## School Use

The Whalsay nursery, primary and secondary departments all make widespread use of the centre during the school day due to the centres handy location. The school departments use all the facilities: main hall, swimming pool, squash court,

fitness suite and meeting room. The in-house 'Tirrick, Mallie and Shalder' team events still prove popular with all at the school.

## Squash Court

### Junior Squash

Richie Hutchison delivered primary 4 to 7 squash on Thursday afternoons. The sessions are great for introducing the players to the rules and basic strokes used in squash and saw 210 admissions. Secondary squash saw 42 admissions during a block which also saw the development of a junior monthly squash league.

### Spinning Classes

Marcia Pearson, Rosalyn Polson and Ian Simpson used the squash court to run classes in the winter months after the introduction of seven spinning bikes to the centre. 336 admissions were recorded which covered a wide age range from secondary 1 to senior citizens.

## Swimming Pool

### Aquacise

Louise Anderson and Angela Williamson continued to run three popular Aquacise sessions with numbers still high with over 900 attending through the year. The sessions consist of a wide range of cardiovascular and toning exercises. In addition to the standard benefits of any exercise, water supports the body and reduces the risk of muscle or joint injury.

### Learn to Swim Programme

The Learn to Swim Programme ran from September to March with two 12 week blocks for ages ranging from primary 1 to adults. Levels 1 - 8 were covered plus distance and speed certificates. A fun gala was held at the end of each block which was enjoyed by both swimmers and spectators. This year an impressive sixteen records were broken in the annual age group championships in March.



Scott Johnson keeping a close eye on the ball.





*Normal public swimming in Whalsay.*

## Nursery Swimming

These sessions are full of fun and games which help to develop water confidence and basic swimming skills. There are three classes on weekly; two on Friday mornings and one on Monday afternoons due to the increased number of bairns at the Whalsay nursery. Sessions were lead by Louise, Ian, Marcia and Janice and saw 612 admissions through the year.

## Parent and Toddler Swimming

This unstructured swimming session is a great opportunity for parents to come along with their toddlers and play with floats and pre-school toys. The sessions act as an introduction

to the water with a chance for adults and bairns to socialise.

## Swim Training – Advanced

Angela Williamson and Louise Anderson both successfully completed their Level 2 aquatics course which enabled them to deliver three training sessions per week. The qualifications gained are vital in the coaches and swimmers development. The competitive swimmers carried out a sponsored swim to raise money for a starting block which was seen as an essential piece of equipment for the swimmers progression and to practise starts for competitions. All swimmers improved on their Personal Best times through hard work from all involved

and resulted in local swimmers winning gala events all over Shetland. The squad continued to attend the Beta League and all were delighted when finishing in 2<sup>nd</sup> position. Partnerships were formed which enabled some local swimmers to progress by linking with other club training sessions. Some swimmers are keen to increase their training by pushing for an early morning swimming session before the school opens.

Junior swimming numbers increased through the advanced swimming sessions offered, Learn to Swim programme and the high numbers attending nursery swimming courses.





# Whalsay Leisure Centre

Junior Wet Class / Course	Attendances 10/11	Attendances 09/10
Advanced Swimming	395	192
Learn to Swim Classes	1,887	1,810
Nursery Swimming	612	518
Parent and Toddler Swimming	171	194
Private Swimming Lessons	68	60
<b>Total</b>	<b>3,133</b>	<b>2,774</b>

## Plans for 2011/2012

Through close links with the community's user groups, clubs

and organisations staff will continue to strive to ensure a balanced programme is offered to the community.

Energy consumption will continue

to be a priority topic in the coming years. Some energy saving measures are already in place but improvements in practices and equipment will be constantly looked at.

Through improved communications centre staff will be able to market opening times, class details and promote new activities by introducing an e-communications database.

Staff development and investment in specialist activities is important for future plans to maintain the level of service offered to the community.



*Pool fun session.*

## Revenue and Admissions

1 April 2010 - 31 March 2011

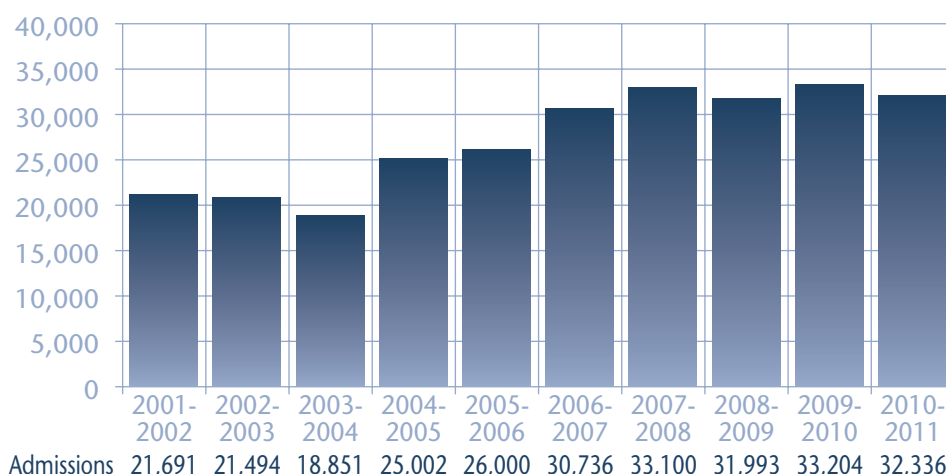
Source		Actual to 31/3/11	Actual to 31/3/10
Total Main Hall	Revenue	£27,445	£25,022
	Admissions	13,753	12,221
Total Swimming Pool	Revenue	£20,320	£19,970
	Admissions	8,264	9,282
Total Squash	Revenue	£904	£684
	Admissions	419	369
Total Community Room	Revenue	£6,957	£6,573
	Admissions	2,527	3,307
Total Fitness Suite	Revenue	£7,708	£7,389
	Admissions	1,896	1,900
Total Pool Table	Revenue	£91	£210
Total Spectators	Admissions	7,725	7,952
Total Educational Recharge	Revenue	£64,779	£8,669
	Admissions	9,842	12,715
<b>Total Facilities</b>	<b>Revenue</b>	<b>£128,204</b>	<b>£68,517</b>
<b>Total Facilities</b>	<b>Admissions</b>	<b>44,426</b>	<b>47,746</b>
<b>Other Income</b>			
Total Vending Sales		£18,415	£18,003
Total Miscellaneous Income		£2,296	£2,267
<b>Total Revenue for the Period</b>		<b>£148,915</b>	<b>£88,787</b>



# South Mainland Pool

The year 2010/11 has seen an overall decrease in admissions. The adverse weather conditions at the end of the year decimated the pool admissions particularly for school use and the first full year without the games hall has had a significant adverse impact. On a positive note February and March 2011 have seen an increase in both admissions and revenue compared to the same period in 2010, which bodes well for the rest of the year.

The chart on the right shows the pool admission statistics from the past 10 years:



## Activities, Classes & Courses

### Adults Only & Ladies Only Swim/ Steam Sessions

These sessions have a core group of regulars who enjoy relaxing in the pool, spa or steam room.

### Advanced Swimming

Numbers attending the sessions remained steady throughout the year and are expected to continue. The sessions target those wanting to swim at a competitive level and look at the overall development of all four swimming strokes as well as the differing distances that have to be swum. The pool now provides 6 sessions per week at this level. Vivien Smith, Jan Price and Steven Smith teach this class.

### Aqua Aerobics

Aqua Aerobics attendance has increased this year. Yvonne MacGregor led the low impact workout class every Tuesday evening providing the customers with a variety of aerobic and circuit training. After their workout customers enjoyed relaxing in the steam room or spa pool.

### Levels 1-2 Swimming

These courses continued to be popular throughout the year with

classes well attended for most of the year. Under the instruction of Mae Johnson the course aimed to develop and improve children's water confidence and swimming ability. Mae also taught children from age 3 upwards in basic water confidence and movement through the pool as well as introducing them to swimming strokes.

### Levels 3-6 Swimming

These classes ran on Mondays, Wednesdays and Fridays and aimed to build and develop skills gained in the previous levels. Steven Smith, Jimmy Mullay, Mae Johnson, and Zandra Williamson have instructed the classes.

### Levels 7-8 Swimming

This class, taught by Vivien Smith, introduced the children to the concept of swimming lengths and helped build up their stamina levels. It also developed their swimming techniques by following the Scottish Swimming Development Programme. This class is seen as the last step before moving onto the advanced swimming classes.

### Private Swimming Lessons

Revenue and admissions for these lessons increased this year. Pool staff enjoy teaching the lessons and gain a lot of satisfaction from seeing their pupils learn to swim so quickly.

## Snorkelling

Parents and children alike enjoy taking part in this fun activity, which provides a nice change to swimming. This year there has been a slight rise in both revenue and admissions for the ever-popular activity.

## Schools

The ever-growing population of Sandwich and the surrounding areas mean that Sandwich Junior High School and Cunningsburgh Primary Schools continue to be an important part of the pool daily schedule. Primary pupils enjoy a weekly swimming class while Secondary pupils attend during the two winter terms. Nursery children participate from April through to June accompanied by their parents.

This year South Mainland Pool hosted its second inter-school swimming gala. Children from P3-P7 from Cunningsburgh, Dunrossness and Sandwich all took to the water in what turned out to be one of the most exciting galas in the pool's history. Over 100 children congregated to compete in what was primarily a fun event, a chance to introduce the concept of a gala to the children. Right from the first race the crowd lifted the roof, screams and screeches bounced off the four walls as excitement levels increased with every race. Sandwich took the honours,



# South Mainland Pool



followed by Dunrossness and Cunningsburgh in what was a truly great day out for everyone involved.

## Special Events

### Easter Aqua Disco

Something different to the pool activity list this year was the 'decorate an egg' competition. Children were invited to bring along a decorated hard-boiled egg to the aqua disco. The pool staff, who were judging the eggs, were amazed by the artistic quality of those entered. After a difficult decision the winner was decided and the top three won a chocolate egg each.

### Easter Egg Hunt

April welcomed a regular visitor to the pool in the guise of the Easter Bunny. The pool was filled with Easter egg 'tokens' which fortunately were transferable at reception for the real thing. Liam Graham who organised the event also led the children in various fun games.

### Halloween Aqua Disco

Aqua discos continue to be held regularly throughout the school holidays. This year for Halloween staff again donned fancy dress to greet children to the pool for the annual event. There were many beautifully designed neepee lanterns presented for judging by the staff and this year's winner was Rachel Keay age 11.

### Iron Kids Junior Triathlon

This year 17 children took part in the 4<sup>th</sup> Triathlon. This started with a swim, handicapped to age groups, followed by a quick change onto bikes cycling circuits of the hockey pitch and finally over to the football pitch for a 2 lap circuit. The winner was Donnie Price age 13.

### Private Hires

Revenue and admissions are up for this activity, which is due to the South Mainland Swimming Club hire, plus an increase in birthday parties.



*Sandwich Junior High's winning captains James and Lucy Morris are presented with the Inter-Schools Cup by their headmaster Stuart Clubb and South Mainland Pool Manager Lynette Laurenson.*



*The different faces of determination. Eddie Price and Scot Riise battle it out to become the South Mainland Pool's Iron Kid 2010.*





# South Mainland Pool

## Shetland Triathlon Club

Shetland Triathlon Club continues to visit the pool to host their regular triathlons.

## South Mainland Amateur Swimming Club

Since April 2010 South Mainland Amateur Swimming Club members have shown great progress and success at all levels. Of the 36 members, 25 swim at pool run coaching at least once a week. Some attend every available session and are encouraged to extend sessions in to public time using their Rural Aqua subscriptions. Three members train during the week at the Clickimin Leisure Complex with the Lerwick

Swim Team. The remainder are content with their one-hour club session on a Thursday.

At a recent club session, the younger swimmers impressed Scottish Swimming's Regional Development Manager, Gillian Innes, who was visiting the pool and who complimented them on their developing skills. As well as training in the South Mainland Pool, 20 swimmers are in the Shetland Development and County Squads and most have been able to participate in occasional training weekends at Clickimin led by Alan Lynn from Stirling University.

Some of the newer members, including James Cockerill, Steven

Kemp and Adam Millar, have had the opportunity to participate in local Beta League and Shetland Age Group competitions, while tiny Emily Black at just 7 has recently taken part in the Junior Age Group event and Saul Rennie, 11, in the Senior Age Group Sprints. Many of those in their second year of belonging to the club have progressed to participating in a competition south. Jasmin Smith, Kirsten Keay, Sophie Black and Bobby Laurenson were all first timers at Westhill Minnows last September where Seumas Mackay was a medallist. Philip Hilditch, 13, also had his first experience of a south competition at the Dyce Meet.

Not yet having reached the stage



*Another successful trip to the Scottish mainland for the South Mainland Amateur Swimming Club. Swimmers showing off their medals after attending the Bridge of Don September Splash and Cults Otter Meet.*

# South Mainland Pool



of travelling south to compete, 8 year olds Sarah-Marie Riise and Ruth Morris shared the 8 year old Girls Shetland Junior Sprint Championships last September, with Sarah-Marie just beating her team mate to win the trophy at the Junior Championships in March. Other Shetland Junior trophy winners were Seumas Mackay, Erraid Davies, Sophie Morris and Dylan Black. At senior level, Donnie and Eddie Price achieved top positions.

Thirteen swimmers achieved North District Times during the year. Unfortunately severe weather caused cancellations of ferries and events, meaning many did not get their chance to swim at a North District Meet. However, they all had other trips away to club run competitions, where between them they achieved a massive amount of personal best times and several achieved podium positions. At the Bridge of Don September Splash, Cara Steven, Curstaidh Mackay, Sarah Keay, and Kirsty Laurenson were medallists with Erraid Davies, Sophie Morris, Eddie and Donnie Price picking up medals at Cults Otter meet. Erraid, Scott Riise and James Morris brought home medals from the Dyce Meet.

At national level, last April, Donnie Price, 14, won the 1500m for 13year old boys at The Scottish Age Group Championships and took a silver in 800m and bronze in 400m freestyle. Later he was selected for the Scottish Youth Development Squad and competed in every District and Scottish National Championships. He also has been selected for the 2011 NatWest Island Games Swim Team.

Eddie Price, 12, qualified for District Regional Training held in Keith, and having swum superbly at North District Championships, became the first Shetlander to qualify for

Activity/Class/Course	Attendances 10/11	Attendances 09/10
Aqua Aerobics	305	234
Aqua Disco	272	440
Beginners Diving	19	18
Iron Kids Triathlon	17	20
Pool Party	300	155
Private Swimming Lessons	844	749
Snorkelling	146	119
Swimming Advanced	2,599	2,961
Swimming Levels 1 - 2	660	702
Swimming Levels 3 - 6	1,422	1,363
Swimming Levels 7 - 8	77	489
<b>Total</b>	<b>6,661</b>	<b>7,250</b>

all 13 events in the 10-12 year age group at the Scottish Age Group Championships.

Both Donnie and Eddie broke Shetland Age Group records, but not to be outdone by the boys, Sophie Morris, 11, and Erraid Davies, 10, have also set new records.

In the older age group of swimming for those aged over 18, club coach and pool lifeguard Jan Price attained many top 3 places in the 50-54

age group at the Scottish Masters Championships and at Inverclyde Masters.

## Plans for 2011/12

A wide variety of activities are planned with the aim of increasing daytime pool admissions. At this early stage plans are for additional swimming lessons for under 5s, an increase in private lessons and targeting parents and toddlers groups and the over 50s.



*Ruth Morris tried to gain her balance during a fun session in the pool.*





# South Mainland Pool

## Revenue and Admissions

1 April 2010 - 31 March 2011

Source		Actual to 31/3/11	Actual to 31/3/10
Total Adult Swim	Revenue	£5,690	£4,670
	Admissions	2,796	3,088
Total Junior Swim	Revenue	£15,011	£14,979
	Admissions	10,453	11,908
Total Adult Pool Hire	Revenue	£95	£131
	Admissions	35	60
Total Junior Pool Hire	Revenue	£3,174	£2,980
	Admissions	2,275	2,165
Total Steam Room	Revenue	£1,983	£1,988
	Admissions	642	801
Total Main Hall	Revenue	£0	£4,140
	Admissions	0	2,980
Total Spectators	Admissions	10,031	8,120
Total Educational Recharge	Revenue	£70,617	£23,241
	Admissions	6,104	7,062
<b>Total Facilities</b>	<b>Revenue</b>	<b>£96,570</b>	<b>£52,129</b>
<b>Total Facilities</b>	<b>Admissions</b>	<b>32,336</b>	<b>36,184</b>
<b>Other Income</b>			
Total Vending Sales		£5,709	£6,781
Total Miscellaneous Income		£498	£531
<b>Total Revenue for the Period</b>		<b>£102,777</b>	<b>£59,441</b>

# Scalloway Pool



Scalloway Pool has now completed its 17<sup>th</sup> year and is still as busy as ever. The diversity of programmes available has ensured that everyone can find something to suit their needs and can enjoy a great choice of water-based activities. As ever, the friendly staff work to provide the public with a welcoming and enjoyable experience 7 days a week.

The 2010/11 period, excluding the educational recharge revenue, has seen a 2.8% increase in revenue. Although overall admissions show a decrease of 16% this is the first full year without games hall admissions. Comparison of the pool admissions shows an increase of 2.5% which is encouraging.

There is obvious disappointment at the recent decision to close the secondary department of the Scalloway School. This will inevitably have a knock-on affect on nearby services; the Scalloway Pool included.

The pool continues to be used most extensively during term time when a range of swimming lessons, both school and private, frequently takes place. Pool parties and the float and flipper fun events frequently on offer have proved to be very popular with children during the school holidays and at the weekends. The adults and ladies only sessions continue to be popular with those who would like a way to unwind at the end of the day.



*Attractive lighting makes the pool even more inviting!*

## Adults Only Swim/ Steam Sessions

Scalloway pool continued to offer adult only sessions on Monday and Thursday evenings for those who enjoy a peaceful and relaxing swim. There is also a Wednesday night session for ladies which continues to be popular for women who like to chat and swim without interruption. After a good workout in the pool customers are welcome to enjoy

some relaxation in the steam room or bubble pool. Tranquil lighting and subtle background music make this a great opportunity to relax after the stresses of a hectic day.

## Aqua-Natal Aerobics

A qualified midwife leads this non-weight bearing exercise class every Wednesday night between 7pm and 8pm and it is still popular with many mums-to-be. The class mixes

a range of cardiovascular exercises with free weights and motivational music to ensure that customers keep fit, improve core strength and enjoy exercise. Relaxation time is included at the end of the session with subtle lighting and music. The class enables expectant mums to socialise with one another in a fun and relaxed environment and also provides an opportunity to chat to the midwives taking the classes.



# Scalloway Pool

## Beta League

The Shetland Swimming Association continued to hire the pool for their well-attended Beta League meetings. Many teams from throughout the isles have been competing over the winter months. Unfortunately the winter weather has once more proved to be disruptive and some competitions had to be postponed.

## Birthday Parties

Scalloway Pool remained a popular place for children to celebrate their birthdays. As well as enjoying exclusive use of the centre's pools, children can also enjoy a range of pool activities including the inflatable Hoopy the Hound Dog and a large number of floats and toys. The spectator area is also available for the children to enjoy their party food afterwards.

## Holiday Activities

There is a wide range of fun activities available to children of all ages during the school holidays. Popular events include the Aqua-run, Aqua Discos and Hoopy the Hound Dog inflatable. The incredibly popular Easter Egg Hunt was back by popular demand and held during the Easter holidays. This wide-ranging programme of events helps to ensure that children are getting plenty

of exercise and socialising in a fun and lively environment.

## Over 50s

These sessions run twice weekly on Tuesday and Friday afternoons between 2pm-3pm. Over 50s have exclusive use of all that the Scalloway Pool has to offer during this time. Exercise is important no matter the age or swimming ability and staff are always on hand to help and support customers with their fitness routine. The sessions continue to attract new faces and are a good way for people to socialise in a fun and relaxed environment.

## Parent and Toddler

There is a popular parent and toddler session held every Tuesday morning between 10am and 11am which has proved to be fun for both parents and toddlers alike. All the pools are available for use as are a wide selection of toys and floats. This session provides a quiet time for toddlers to gain water confidence and fundamentals and is also a great way for parents to meet.

## School Swimming

Schools from Hamnavoe, Nesting, Scalloway, Tingwall and Whiteness attend the pool on a regular basis

for blocks of swimming lessons. The Anderson High School's Additional Support Needs group also hires the pool for an hour every Monday morning during term time. Scalloway pool lifeguards are on hand to help out teachers if they are unable to take their class and therefore ensure that pupils are able to keep up with the curriculum.

## Swimming Lessons

There has still been a huge demand for swimming lessons at Scalloway Pool. Staff have been following the Scottish 'Learn to Swim' programme and this has proved to be very successful. There are now a total of 26 lessons taking place every week and a total of 245 children receiving instruction on a weekly basis.

## Developers

There were 2 weekly developer's sessions running at the pool coaching an average of 20 children each session. These coaching lessons build on techniques learned at Levels 5-8 and allow children to improve their stamina and perform at a higher level. The 30 and 60 minute sessions are the perfect platform to help children progress into competitive swimming.

## Levels 1-4

Each term there were 12 classes teaching Levels 1-4. These are beginner's sessions and work on building on the skills the children have developed in pre-school classes, encouraging them to establish a good swimming technique. The classes remain hugely popular therefore demand is high.

## Levels 5-8

Each term there were 12 improver's classes teaching Levels 5-8 and they build on the techniques introduced at beginner's level and promote a higher standard of swimming. In these sessions children continue working on the front and back stroke and also learn the more complex butterfly and breaststroke.



*A young swimmer giving 100% during a Beta League competition.*

*Photo: Kevin Jones*



# Scalloway Pool



## Private Lessons

Private lessons are always held during the school holidays and there continues to be a high demand. The one-to-one sessions allow pupils to work on any areas of weakness that need to be improved. Pupils benefit considerably from this focussed attention from a trained swimming instructor. There is currently a waiting list for private lessons at all ages and abilities as they have proved to be very popular.

## Under 5s

These classes are still in high demand with a total of 50 under 5s attending each week. The classes range from complete beginners, who are new to the water, to children who are able to swim a length of the pool. The lessons are perfect preparation for children who will go on to undertake lessons at primary school or in the Level 1-4 classes.

## Plans for 2011/2012

In the coming year the staff hope to continue to improve on the revenue and admissions figures, maintain high standards and achieve the following:

- Increase the number of swimming lessons available in order to meet the current high demand
- Introduce a minimum of 2 new water-based activities for customers to enjoy
- Explore the possibility of forming a new swimming club in order to encourage a higher number of children to get into swimming at a competitive level
- Continue to offer a balanced programme of activities for all age groups and swimming abilities
- Make a reduction on the impact on the environment through the reduction of oil, electricity and water consumption. Some of the measures being considered are a pool cover, low energy light bulbs and variable speed pumps.



*Alison Gifford instructing one of the successful under 5s lessons.*

Activity	Attendances 10/11	Attendances 09/10
Adult Swim & Steam	650	560
Aqua Natal	221	191
Holiday Activities	490	462
Pool Parties	475	625
Private Lessons	159	181
Schools	2,796	2,260
Swimming Lessons	8,325	8,979
<b>Total</b>	<b>13,116</b>	<b>13,258</b>



*Employed trainee Jessica Bradley checks the boiler temperatures as part of the daily plant room inspections.*



## Revenue and Admissions

1 April 2010 - 31 March 2011

Source		Actual to 31/3/11	Actual to 31/3/10
Total Adult Swim	Revenue	£8,573	£7,249
	Admissions	4,528	4,018
Total Junior Swim	Revenue	£22,969	£23,414
	Admissions	14,128	13,524
Total Adult Pool Hire	Revenue	£0	£133
	Admissions	0	108
Total Junior Pool Hire	Revenue	£1,582	£2,232
	Admissions	914	1,239
Total Steam Room	Revenue	£1,981	£1,439
	Admissions	650	565
Total Main Hall	Revenue	£0	£7,887
	Admissions	0	6,585
Total Spectators	Admissions	6,546	7,009
Total Educational Recharge	Revenue	£62,565	£15,305
	Admissions	2,885	2,461
<b>Total Facilities</b>	<b>Revenue</b>	<b>£97,670</b>	<b>£57,659</b>
<b>Total Facilities</b>	<b>Admissions</b>	<b>29,651</b>	<b>35,509</b>
<b>Other Income</b>			
Total Vending Sales		£19,570	£17,596
Total Miscellaneous Income		£727	£1,852
<b>Total Revenue for the Period</b>		<b>£117,966</b>	<b>£77,107</b>



# West Mainland Leisure Centre



This year has been very successful with 58,529 admissions to the Centres. Not all visitors take part in sport and activities but also use the Centre to enrol in adult based learning courses and as a place to meet and enjoy a cup of coffee.

The relaxing surroundings create a sociable atmosphere where customers young and old can enjoy the excellent facilities on offer.

In 2010 the Centre was awarded an upgraded VisitScotland rating from four to five stars. This rating is

mainly based on cleanliness, level of maintenance, customer care and signage and is carried out by a "mystery" visitor to the Centre. This is the highest award from VisitScotland and is fitting acknowledgement to the hard work and people skills of all staff concerned.



*West Mainland staff pictured with the recently awarded 5 star accreditation by VisitScotland.*

Continuing investment in staff development and the purchase of new spinning bikes has resulted in additional spinning courses being set up and sustained.

Shetland College contract hired the community room every Monday and Tuesday in term time and continued developing adult based learning courses such as ECDL, Digital Photography, PDA in IT in Business, Word Processing, Communication & Numeracy and Information Technology.

Every Friday morning in school term time the Bruce Family Centre meet in the community room and offer a meeting session for parents with young children. Health and wellbeing topics are discussed with visits by Health Board professionals.

## Fitness Suite

The fitness suite has seen a 6.4% increase in revenue this year with admissions down slightly from the previous year. There continues to be good customer retention in this area and with the introduction of junior gym courses it is anticipated that good usage numbers will be maintained for the future. Aith Junior High School has been pro active in encouraging senior pupils to enlist in junior gym courses as part of PE sessions.

## Games Hall

Admission numbers for the main hall have risen by 27% this year compared with 2009/2010. Whitedale Football Club, Aith Badminton Club, Westside Netball Club, Hanne Irvine (Pilates)



*Customers enjoying a workout in the Fitness Suite.*

*Photo: Kevin Jones*



# West Mainland Leisure Centre

and Westside Rebels Football Club all made block bookings.

Revenue has also increased by 1.3% and is also due, in part, to generation of additional spinning classes, pre school fun sessions and use of SIC dance mats. Private bouncy castle and games bookings also contributed to the increase of revenue and admissions for the period.

## Aith Badminton Club

The Aith Badminton club held its club night every Tuesday from 7pm-8pm inviting some of the older junior players to come along and gain more badminton experience. The club had two teams playing in the Shetland Badminton first and second division with the second division team playing four under 18 year olds in their team.

## Birthday Parties

In 2010/2011 28 birthday parties were booked into the main hall and consisted mainly of a fun, supervised hour for children on the bouncy castle on one court, with soft play and games on another court. Customers very often hire the community room for the following hour, bring in food and enjoy a birthday tea party.

## Fifty Plus Club

Numbers have gone down slightly this year for the Fifty Plus Club sessions. There is still a demand for two sessions per week; a two hour session on both Tuesday morning and Friday afternoon with the most popular activities being relaxing in the sauna or steam room, swimming and using the fitness suite.

It is hoped that through improved advertising more customers in the older age group will participate and enjoy the benefits of exercise as well as the social side of the Fifty Plus Club activities.

## Football

Shetland Works League team Westside Rebels booked the hall for two hours every Wednesday from September 2010 through to March 2011 and



*Aith B badminton players Alan Johnston and Lewis Fraser in deep concentration in a 2nd division badminton match.*  
Photo: Kevin Jones

numbers reached over thirty players on busier nights. Whitedale Football Club has used the Centre to provide junior coaching sessions seven hours a week between September 2010 and March 2011.

Whitedale Football Club appear to be very successful and attract additional players each year with coaching sessions for the under 10 through to the under 18 year age groups.

## Junior Badminton

A number of local players have now progressed into the Shetland Junior Badminton Development squad and have represented Shetland at under 15 and 18 year old age groups. Children who attend the coaching sessions are introduced to badminton rules, techniques and tactics through

games and movement drills and coordination practise.

## Junior Indoor Hockey

Junior hockey coaching numbers were down slightly on the previous year but, with coach Michael Gardner, maintained a core group of children who enjoyed an introduction to hockey rules, techniques and game play.

## Junior Trampoline Coaching

Instructor Ewan Anderson along with assistant Ashley Walterson continued coaching sessions for beginners and improvers by developing basic moves and skills allowing the opportunity for children to enter trampoline competitions held annually in



Shetland. Although attendance numbers have not gone up since last year this activity still appeals to a number of youngsters.

## Parent and Toddlers

Every Thursday morning in 2010/2011 from 9am-11am the Centre provided a fun session for parent and toddlers. Activities on offer were soft play, climbing frame, parachute and games in the main hall and exclusive swimming for the group. Through popularity an additional Monday morning from 9am-1pm was added in the 2010 summer holidays and this proved very successful.

## Pilates

Pilates Instructor Hanne Irvine booked the main hall to deliver Pilates classes to the general public. These classes are hugely popular across Shetland and on Monday nights at the Centre there are between thirty and forty customers taking part.

## SIC Active Schools

During the winter Matthew Hodge delivered, on behalf of SIC Active Schools, blocks of boys and girls "soccer one" coaching courses culminating in five a side competitions held at Clickimin Leisure Complex involving area teams from across Shetland.

Active Schools Co-ordinator, James Johnston, arranged for children to travel from Whiteness Primary School to the Centre and join in trampoline coaching sessions held on Mondays between 4pm-6pm. This proved very popular and it is hoped the arrangement can be used for other activities.

Through the Easter/summer school holidays and December 2010 dance mats were booked from SIC and "dance mat activity" sessions were organised. The sessions were popular with all age groups especially family groups where parents and children could "have a go" at dancing on the mats.

Activity/Class/Course	Attendances 10/11	Attendances 09/10
Adult Evening	255	398
Aquarobics	122	97
Badminton Junior	451	704
Circuit Training	74	–
Fifty Plus Club	313	534
Fitness Suite Inductions	67	74
Group Swimming Lessons	1,312	1,187
Hockey Junior	156	199
Holiday Multi Sport Activity	565	232
Individual Swimming Lessons	808	712
Ladies Steam and Swim	78	–
Parent and Toddlers	521	412
Spinning	286	160
Trampoline Coaching	287	355
<b>Total</b>	<b>5,295</b>	<b>5,064</b>

## Spinning

Spinning has been very successful at the Centre since instructors Michael Gardner and Ewan Anderson qualified and started taking classes. With the purchase of seven new spinning bikes in January 2011, which are based at the Centre, classes have become even more popular with all age groups encouraged to participate.

## Westside Netball Club

From August 2010 through to March 2011 Westside Netball Club organised weekly two hourly sessions when

the under 13 and under 15 year old girls trained and played full hall netball matches. The under 15 year old Westside girls went on to win the Shetland under 15 winter league.

## Squash Court

Revenue and admission figures for the squash court have decreased slightly from the previous year but squash and racketball were promoted and instructed through individual coaching sessions for juniors and adults.



Children enjoying swim practice in the pool.



# West Mainland Leisure Centre

## Swimming Pool

Swimming pool revenue has gone up by 5.6% but admissions have gone down slightly from the previous year. ASA coaches Ashley Walterson, Matthew Hodge, Michael Gardner and Ewan Anderson continue to deliver coaching to Scottish Swimming Awards levels 1-8 along with individual lessons.

Swimming classes have been increased this year to cater for the increased demand with group lessons held on Mondays, Tuesdays and Thursdays. Individual lessons are taught every Wednesday, Friday, Saturday and Sunday and due to demand these sessions are always booked in advance.

## Ladies Only Aquarobics and Swim & Steam Sessions

Numbers for Aquarobics increased from the previous year and instructor Ashley Walterson continued to provide exercise to music in the pool improving customer fitness and generating a fun and exhilarating session. Following Aquarobics there was a one hour steam and swim session for ladies.

The customer base for these sessions has increased and ladies who do not wish to take part in Aquarobics can come along and enjoy a leisurely swim and make use of the spa pool, steam room and sauna.

## Pool Parties

Again this year there have been 18 pool parties when children could have



*Birthday party inflatable fun in the pool with the water cannons.*

a fun hour on the large pool inflatable 'Clifford the crocodile' and enjoy the special features such as the water cannons, finger jets and spa pool followed by a birthday party tea in the community room.

## Plans for 2011/2012

In 2011/2012 it is anticipated that staff will gain additional training to enable them to deliver new and requested activities such as children's gymnastics, aerobics and dance thereby potentially increasing the overall admissions to the Centre.

Through the restructuring of the

SRT website and the formatting of activities and classes in a more user friendly calendar facility, customers can now see at a glance what is on offer and will hopefully be encouraged to take part in more activities.

Staff hope to expand on the considerable database of customer email addresses held at the Centre and send by email current and up to date information on a regular basis.

It is planned to fit professionally manufactured pool covers and staff will maximise their proven energy saving properties by covering the pool at opportune times throughout the day and overnight.



## Revenue and Admissions

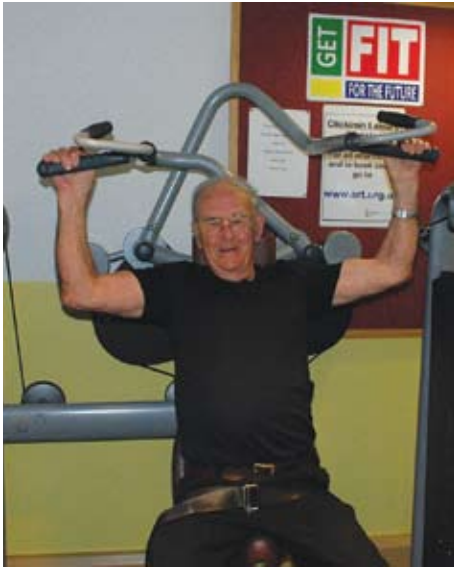
1 April 2010 - 31 March 2011

Source		Actual to 31/3/11	Actual to 31/3/10
Total Main Hall	Revenue	£15,145	£14,945
	Admissions	18,785	14,775
Total Swimming Pool	Revenue	£15,024	£14,224
	Admissions	11,539	12,277
Total Squash	Revenue	£553	£873
	Admissions	420	714
Total Community Room	Revenue	£3,892	£4,182
	Admissions	8,395	7,792
Total Fitness Suite	Revenue	£11,642	£10,946
	Admissions	2,715	3,671
Total Health Suite	Revenue	£2,346	£1,977
	Admissions	631	603
Total Spectators	Admissions	4,159	3,357
Total Educational Recharge	Revenue	£60,176	£13,589
	Admissions	11,885	11,879
<b>Total Facilities</b>	<b>Revenue</b>	<b>£108,778</b>	<b>£60,736</b>
<b>Total Facilities</b>	<b>Admissions</b>	<b>58,529</b>	<b>55,068</b>
<b>Other Income</b>			
Total Vending Sales		£8,403	£7,636
Total Miscellaneous Income		£574	£351
<b>Total Revenue for the Period</b>		<b>£117,755</b>	<b>£68,723</b>



# Health and Fitness

Health and Fitness applies to all ages, it doesn't start or stop at a specific time! The youngest customer, who recently started a 'Baby Bond' course, is 3 months old and the most senior customer is attending the Apex Fitness Centre weekly at the age of 85 years. An inspiration to us all!



*Drewie Nicolson (85) during his weekly workout*

Opportunities were identified and provided across SRT for activities ranging from Gym-Tastics to Tea Dances! It has been particularly inspiring to see the constant growth in Fitness Suite admissions and the increasing requests for gym inductions. This year alone at Clickimin Leisure Complex, Apex Fitness Centre admissions have increased by 11% to 36,334. The

introduction of new free weights has certainly attracted more customers. The clear message for Shetland to get 'Fit for the Future' can be measured in admissions at centres and the need to increase the provision of services. One-to-one Personal Training sessions have grown by 55%. Karen Woods continues to deliver Group Fitness weekly training during the winter months for teams, clubs and organisations. Regular users included the Shetland Inter-County senior and junior netball and hockey teams and Lerwick Spurs Football Club.

The fitness teams across SRT provided a full range of classes. Spinning bikes have been acquired at all centres and, with staff qualifying as Spinning Instructors, professional cycle classes are now being delivered. Excellent usage across all centres is reported and classes have filled with men and women of all ages and abilities. The on-line booking service for Clickimin Leisure Complex has provided customers with the comfort of planning their exercise programmes and booking Studio Classes a week in advance, resulting in an increase in on-line bookings of 10%. A forthcoming training project will see 15 SRT staff members embarking on Spinning, Gym Instructing and Exercise to Music qualifications.

'SRT aims to improve the condition of life for the inhabitants of Shetland' – this statement has been the thread of the new 5 year SRT Marketing Strategy which identifies opportunities

for 'all people, all levels, all types and many kinds'. Centre managers have been working closely with Diane Legget, Health and Fitness Manager, to clearly identify the requirements of the community of Shetland to provide annual marketing action plans designed with a 'customer first' ethos to successfully sustain services and build a loyal customer base vital to the Trust's long term business strategy.

'Fit for the Future' also encompasses a holistic approach to health and wellbeing and emphasis has been placed on the benefits of relaxation coupled with continuous exercise programmes. In September 2010, the Health Suite within Clickimin Leisure Complex closed in order to carry out essential maintenance. Solarium facilities were removed and renovations completed which changed the environment to one of relaxation. This has created a sanctuary to escape the stresses of everyday life, indulge in spa benefits, all reviving the body and soul. The project has been a major success with customer admissions increasing by 15%.

The Clickimin Activity Team, consisting of a cross section of staff, has worked hard to provide an inspirational range of children's activities during the holidays and on school in-service days. 'Skools Oot' was a fun day supervised by Mark Wylie, Activity Development Co-ordinator, creating a full list of



*Friends unwind in the perfect retreat of the new look health suite.*

*Photos: Kevin Jones*



# Health and Fitness



*Vaulting practise during the Parkour workshop.*

*Photo: Dave Donaldson*

sports and crafts to take part in. For pre-school and children up to P7 a 'Playzone' was created; games, bouncy castles, trampoline, and dance mats all provided fun for 1,078 participants. New holiday activities included 'Play with the Pro's' netball, football and athletics, 'Kite Flying', 'Mini Wimbledon', 'Cheerleading', 'Girls Games', 'Wacky pool races' and 'Splash Dance' to name a few.

Pre-school children typically have boundless energy and when properly channelled, is a good thing. Early on, kids begin to establish habits that they will carry with them throughout their lives. They are encouraged to develop healthy attitudes about exercise and fitness and begin with the first course 'Baby Bond' aged 6 weeks, and over the pre-school years progress to Baby Gym, Play & Go, Gym Tots, Gym Kids, pre-school Trampoline and Peerie Kickers which has exceeded all expectations and become one of the busiest courses available. 'Peerie Kickers' is for the youngest group of footballers aged 3-5 years (boys and girls!) who learn the early skills and begin their career in football, a pathway provided across all SRT facilities.

An interesting activity 'Parkour' was a hit, with 154 customers aged 14-19 years attending a 2 day workshop. This activity, promoted by the SIC Community Safety Department, was provided in a safe environment and was instructed by 2 qualified Parkour instructors. 'Street running' can be seen in all communities and can sometimes be breathtaking! The emphasis on this course was discipline, fitness (almost military!) and understanding the risks attached.

Other new developments have included 'Gym-Tastics', a platform for interested young gymnasts to try out the basic skills before embarking on joining the ever popular Shetland Gymnastics Club which recently became independent from SRT.

Olympic gymnast from the Ukraine Dariya Zgoba visited Clickimin Leisure Complex as special guest of Shetland Gymnastics Club. Dariya, who made the Olympic final in Beijing in 2008, helped out with coaching at the club sessions and demonstrated various skills as well as performing her 90 second floor routine to a piece of Russian music. She gave coaches and young gymnasts many new ideas and exercises for warming up and conditioning.

During her visit she also helped out with one of the pre-school classes to the delight of children and parents.

A recent UKCC training course has resulted in 6 employees gaining their Level 1 General Gymnastics Assistant Coach qualification.

Congratulations are due to Mark Wylie who was presented with a Scottish Gymnastics 'Services to Gymnastics' award at a special dinner in Falkirk in March 2011. Mark has spent two decades coaching trampoline at the centre during which time he produced two national



*Olympic gymnast Dariya Zgoba demonstrating her skills. Photo: Malcolm Younger*



# Health and Fitness



Mark Wylie receives Scottish Gymnastics 'Services to Gymnastics' award from Paul Pendergest of Milano Pro Sports.



Chef Glyn Wright looks surprised with the ingredients given to him by Diane Legget for the 'Ready Steady Cook' Challenge.

Photo: Dave Donaldson

champions Josie McCreadie and Karis Irvine.

Working closely with NHS Shetland has opened opportunities to provide pathways for customers who require specialised exercise management programmes. The success of the recent implementation of Cardiac Rehabilitation Phase IV exercise programme has led to further developments and secured funding to provide an 'Exercise After Stroke' management programme. Further projects in development stages are cancer rehabilitation and neurology.

Corporate subscription holders continue to grow and a revised marketing strategy has highlighted the benefits of exercise and increased healthy effects for employees. Working closely with company welfare officers, it is hoped that the incentive of keeping fit and active contributes towards general health and wellbeing – 'a fitter workforce is a healthier team'.

Some other Health and Fitness promotions during the year include:

- Shetland Active Strategy – development of Strategy by SRT, SIC and NHS for Active Shetland (Physical Activity, Sport and Facilities)
- Dance exercise for Active Schools LK4U days and supporting use of dance mats
- SamH project – National 'Get Active' positive steps for mental health – progressive links to deliver SRT pilot project
- Provision of PE class instruction cover to ASN unit
- Promoting Health and Fitness during the 'Ready Steady Cook' Challenge at the 2011 Craft and Food Fair. Diane assisted Glyn in making various dishes using fresh local ingredients and promoted the benefits of regular exercise along with healthy eating.



# Support Services



The previous pages highlight the diverse range of activities that the Trust has offered during the last 12 months.

The employees of the Support Services Department play a valuable role in the success of the organisation ensuring that operational staff are fully equipped to deliver the highest possible level of service to the community.

Shetland Recreational Trust progressed to an improved method of producing sales invoices. Facilities previously used the booking system software to produce invoices which created an unnecessary amount of additional administration work. Switching production of sales invoices to the financial management system has not only cut out this unnecessary administration it has also helped provide managers with more up-to-date financial statistics.

The department plays an important role in the organisational support of the Trustees and General Manager. As a result of the ongoing review of the Trust - initiated to ensure compliance with the Office of Scottish Charity Regulator (OSCR) – this support is proving more vital than ever. One of the major changes carried out this year is the additional administrative support required to service a new structure of meetings aimed at helping Trustees gain a better understanding of the operation of the Trust.

A refreshed version of the website, [www.srt.org.uk](http://www.srt.org.uk), was successfully launched on 1 October 2010. The project was carried out in partnership with local web design and internet marketing specialists NB Communication Ltd which saw a clean, modern design combined with an accessible, standards compliant site. The refresh provided eye-catching image blocks on the homepage, featured news items complete with images, rotating images, enlargeable image galleries and an improved menu system.

The aim was to produce a website that was not only pleasing on the eye but also provided up-to-date information that would encourage regular customers to visit the site on a recurring basis. With that in mind the Google Calendar technology was expanded to list Classes and Courses of each leisure centre. All-in-all the refreshed site has been a great success with 14,537 unique visitors accessing the site in the 6-months since launch.

SRT offers Employed Trainees the chance to attain SVQ Level 2 in 'Sport, Recreation and Allied Occupations: Operational Services' qualification over a two year period. SVQ's are benchmarks of competence. Their purpose is to show that someone who achieves an SVQ really can do the work the SVQ covers, and can do it to a standard of competence that has been defined nationally. The SVQ qualification is administered by the Support Services Department. Above is a list of Employed Trainees who have completed the qualification this year:

Name	Facility
Liam Williamson	Clickimin
Craig Mann	Clickimin
Stephanie Keith	Clickimin
Liam Graham	South Mainland
Richie Hutchison	Whalsay

As part of the commitment to the SVQ programme eight senior staff completed their A1 Assessors award with Shetland College. These were Ewan Anderson and Michael Gardner (West Mainland Leisure Centre), Ian Simpson and Marcia Pearson (Whalsay Leisure Centre), Steven Smith (South Mainland Pool), Edward Leslie (Salloway Pool), John Hunter and Craig Leslie (Clickimin Leisure Complex).

The department also organises a range of short-courses in order to aid staff development. Below is a list of some of the notable training courses that were provided during the last year:

Course	Course Provider	Number of Attendees
Assertiveness Skills	Train Shetland	1
Badminton Basics	Scottish Badminton	3
Basic Project Management	Train Shetland	1
Coaching Skills	Train Shetland	1
Health & Safety Level 2	SRT	32
HSE Emergency First Aid at Work	SRT	4
HSE First Aid at Work	SRT	14
HSE First Aid at Work – Renewals	SRT	8
Introduction to Supervisory Skills and People Management	Mindful Coaching	3
IOSH Managing Safely	Train Shetland	1
Keeping Children Safe	SRT	32
Minute Taking	Train Shetland	3
Mobile Elevating Work Platforms (MEWPS)	Train Shetland	16
Racketball Leaders	Scottish Squash	7
SFA Early Touches	Scot. Football Assoc.	4
SVQ Level 5 in Management	ITP Solutions	6
The Psychology of Conflict	Train Shetland	1
UKCC Level 1 Gymnastics	Scottish Gymnastics	6
UKCC Level 1 Teaching Aquatics	Scottish Swimming	12
UKCC Level 2 Teaching Aquatics	Scottish Swimming	11





# Technical Services

At the start of the year change and uncertainty made progress in planning work very slow as we were still in the process of working out the best way to implement the changes set out in the revised Planned Maintenance Programme. This however did give staff a chance to catch up with outstanding maintenance requests and move ahead with the routine planned maintenance.

The revised Planned Maintenance Programme is now split into four categories:

## 1. Annual Planned Maintenance

This covers the day to day routine maintenance of all plant, equipment, building fabric and external grounds. On an annual basis little or no change will be expected within this budget, with the exception of additional tasks caused by changes in legislation or additional equipment.

## 2. Replacement Programme

The replacement programme covers the replacement of all existing fixed plant, equipment and building fabric. With constraints on budgets this has to be carefully prioritised and planned.

## 3. Capital Works

Capital works cover any additional new work which may be required or major works where we are not replacing like for like but introducing something new.

## 4. Vehicle and Equipment Asset Replacement

This covers the replacement of all vehicles including grounds maintenance vehicles and all movable or portable equipment except equipment which could be classed as consumables.

All works are now costed using an all inclusive hourly rate which is in line with the industry standards and will make future reporting more accurate.

A Trustee Officer Working Group

was set up to help Technical Services prioritise the required works. The group is made up of 3 Trustees, 3 Facility Managers, General Manager, Technical Services Manager and Finance Officer, with the Technical Administration Assistant taking notes. The group has been very beneficial in helping to prioritise work within the budget headings.

Whalsay Leisure Centre was due for a refurbishment but due to budget restraints this was not possible. After consultation, initially with the manager and staff and then the Trustee Officer Working Group, the works were cut back to only what was considered essential. The main hall floor was stripped back completely and relined and resurfaced. This work was carried out by an external contractor and required the centre to be closed, so we took the opportunity to do some other work in the building using our own in-house team. A number of tiled areas in the changing rooms and on poolside were re-grouted and mastic expansion joints replaced. A lot of work was done on the replacement and refurbishment of fresh air supply ductwork and to the buildings ventilation systems. The north facing ventilation grills and joining ducts were suffering from severe corrosion caused by salt water spray being carried along on the strong winds and sucked in by the air handling units. Some external work was carried out which included replacing the media in the drainage channels around the perimeter of the building and levelling out some areas with new top soil and re-seeding. A new fence was erected along the boundary between the centre and the housing estate.

With costs rising significantly the efficient use of energy throughout all Trust facilities has become a priority. PIR sensors were fitted in all the toilet and changing areas in Unst, Yell and Whalsay which switch off all the lights when the rooms are not occupied. This work was completed by our own electricians.

An extensive experiment was carried out on the use of different types of pool cover including using a liquid pool cover. Although easy to use this turned out to be not very cost effective due the ongoing expense of purchasing the liquid. Also while it did keep down on the humidity it did not provide the same heat retention properties as using a plastic cover which was more successful.

Purpose made plastic covers are now being fitted at the rural pools and have automatic storage systems which can be operated by one person. In Whalsay we have also fitted speed controls to the pump and fan motors which feed the pool area so they can be turned down when the pool cover is fitted. This will be done automatically and is linked back through the Building Management System. By setting up this initial trial in Whalsay it is hoped to prove that significant savings can be achieved and that 'spend to save' initiatives may be an option worth looking at. Long term savings can be achieved but often the initial capital cost can be prohibitive.

The filters in Clickimin Pool were relined this year with an epoxy liner material, which again has a relatively high capital cost but the life expectancy is 20 years in comparison to former linings which was 5 years. The sand in the filters has also been replaced with a crushed glass material which has a life expectancy of 10 – 15 years compared to sand at 5 years. All this work was carried out with no down time in the pool; this is a marked improvement on previous relining work which required a three week closure.

The health suite at Clickimin was refurbished and redecorated. New LED lighting was installed, which will reduce the running costs as the lights used are only 12w in comparison to the 36w fittings used before. The advantages with LED lights are they run cold so have no heat loss into the area and their life expectancy is high at 50,000 hours in comparison

to halogen at 2,000 hours and fluorescents at 8,000 hours.

Some alterations were carried out to the main dryside reception desk at Clickimin to allow the receptionist to be facing the customers at all times. All the desk components were manufactured in the SRT workshop and installed by SRT staff. The first phase of the fire alarm replacement programme was completed at Clickimin with the installation of a new fire alarm panel, and the upgrading of some of the zones to addressable, enabling the exact location to be instantly identified.

One of the biggest concerns this year is the deterioration of the

roofing sheets at South Mainland and Scalloway Pools. Although the exact cause of the problem with the roof sheets has not yet been established, surveys were carried out on all the Trust property roofs to see if there was a common link with the build or design. Thankfully it is only these two roofs which have the corrosion problems. An alternative breather membrane was used at South Mainland and Scalloway which may be a contributory factor. The South Mainland roof is due to be replaced in 2011 and further investigations will take place as the old roof is removed.

Now that the purpose and format of the Planned Maintenance Programme

has been agreed by SRT, Shetland Arts and the Shetland Amenity Trust, the objective is to establish a five year rolling programme. This will be firstly prioritised and agreed at Manager/Trustee level within each Trust before going forward to the Shetland Charitable Trust for approval. With this system in place it will be easier to establish the predicted annual spend across each budget heading.

With Steven Goodlad leaving, the position of Health & Safety Officer has become vacant. However the position will not be filled until restructuring of the department in line with the new Planned Maintenance Programme has taken place.

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## Notes





# **Shetland Recreational Trust**

## **Notes**

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## Notes



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