

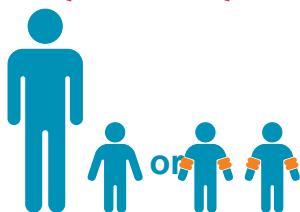


Pool Admissions Policy

Important Information

Shetland Recreational Trust strictly adheres to the following health and safety guidelines for children under 8 years of age during public swimming sessions.*

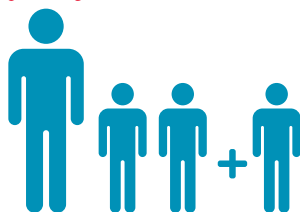
All under 8s must be accompanied in the water by a responsible person (16 years or over) as follows:



0-3 years old

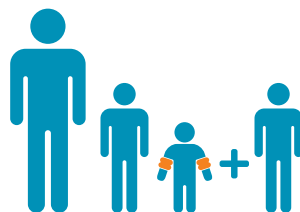
One responsible person can accompany one child with or without armbands,
OR

One responsible person can accompany two children with armbands.



Mixed Ages

One responsible person can accompany one child 0-3 years old and one child 4-7 years old, if the 0-3 year old is wearing armbands. They may add a third child if at least one child has completed a Shetland Recreational Trust deep end test.



4-7 years old

One responsible person can accompany up to two children with or without armbands. They may add a third child if at least one child has completed a Shetland Recreational Trust deep end test.



Additional Control Measures

The following additional control measures are in place throughout all SRT facilities where applicable:

Toddlers Pools

Armbands need not be worn in Toddlers Pool.

Rapid River

One responsible person must accompany one child under 8 years regardless of swimming ability.

Flumes

Children under 8 years may only use the Flumes if they exceed the height restriction and a responsible person is waiting for them at the run-outs to either collect them and/or send them back up the steps for another ride.

Deep Water and Diving Boards

Children aged 4-7 years who have completed the Shetland Recreational Trust deep end test can go beyond the red arrow indicators for non-swimmers and enter deep water. If these children wish to use the Diving Boards they must be accompanied by a responsible person who controls their use.

Inflatable

Children under 8 years may use the inflatables if they wear approved armbands and a responsible person maintains a constant watch over them or they are aged 4-7 years, have achieved the Shetland Recreational Trust deep end test and a responsible person maintains a constant watch over them.

Frequently Asked Questions

Q What guidance was used to develop the Pool Admissions Policy?

A Guidance is available from Health and Safety Executive (HSE) and Institute of Sport and Recreation Management (ISRM). The guidance strongly recommends that all children under 8 years should always be accompanied in the water by a responsible person (16 years or over).

Q How was a decision reached on the number of children one responsible person can accompany?

A Risk assessments were carried out taking into account the design, layout and type of pool; the swimming ability and age of children and whether approved armbands are being worn by non-swimmers.

Q What is expected of the responsible person accompanying children under 8 years?

A They will need to go into the water with the children they are accompanying. Whilst in the pool they must maintain a constant watch over the children for whom they are responsible and be in close contact with those of their children who are weak or non-swimmers (i.e. children who have not completed the ASA/ISRM Pool Swimming Standard Award). Children should never be left on the poolside or in the pool without an accompanying responsible person.

Q How does my child complete the ASA/ISRM Pool Swimming Standard Award?

- A Just ask at reception prior to your swim and we'll arrange for your child to be assessed during your visit. The criteria to achieve the award are as follows:
- Jump from the side of the pool into water of a depth of 1.5m or more so that the head fully submerges, then;
 - Tread water for 1 minute and finally;
 - Swim 50 metres under 2 minutes.