



# SRT & RURAL SUBSCRIPTIONS LEISURE ACTIVITIES



## What's on offer across our 8 Leisure Facilities

### CLICKIMIN LEISURE COMPLEX

- **Apex Fitness Suite**  
CV machines, free weights & stretching area
- **Aspire Studio**  
strength & conditioning gym
- **Swimming Pool - 25m\***
- **Health Suite**  
sauna, steam room, spa pool, tone & trim chairs, relaxation area
- **Fitness Classes**  
over 30 classes per week

### NORTH MAINLAND LEISURE CENTRE (RURAL)

- **Fitness Suite**  
CV machines, free weights & stretching area
- **Swimming Pool - 16m\***
- **Steam Room**
- **Fitness Classes**

### WEST MAINLAND LEISURE CENTRE & WHALSAY LEISURE CENTRE (RURAL)

- **Fitness Suite**  
CV machines, free weights & stretching area
- **Swimming Pool - (WMLC 16m) (WLC 15m)\***
- **Sauna & Steam Room**
- **Fitness Classes**

### UNST LEISURE CENTRE & YELL LEISURE CENTRE (RURAL)

- **Fitness Suite**  
CV machines, free weights & stretching area
- **Swimming Pool - 12m\***
- **Fitness Classes**

### SCALLOWAY POOL & SOUTH MAINLAND POOL (RURAL)

- **Swimming Pool - 16m\***
- **Steam Room**

\*If you are looking to swim lengths please refer to our individual centre pool timetables for lane swimming times.