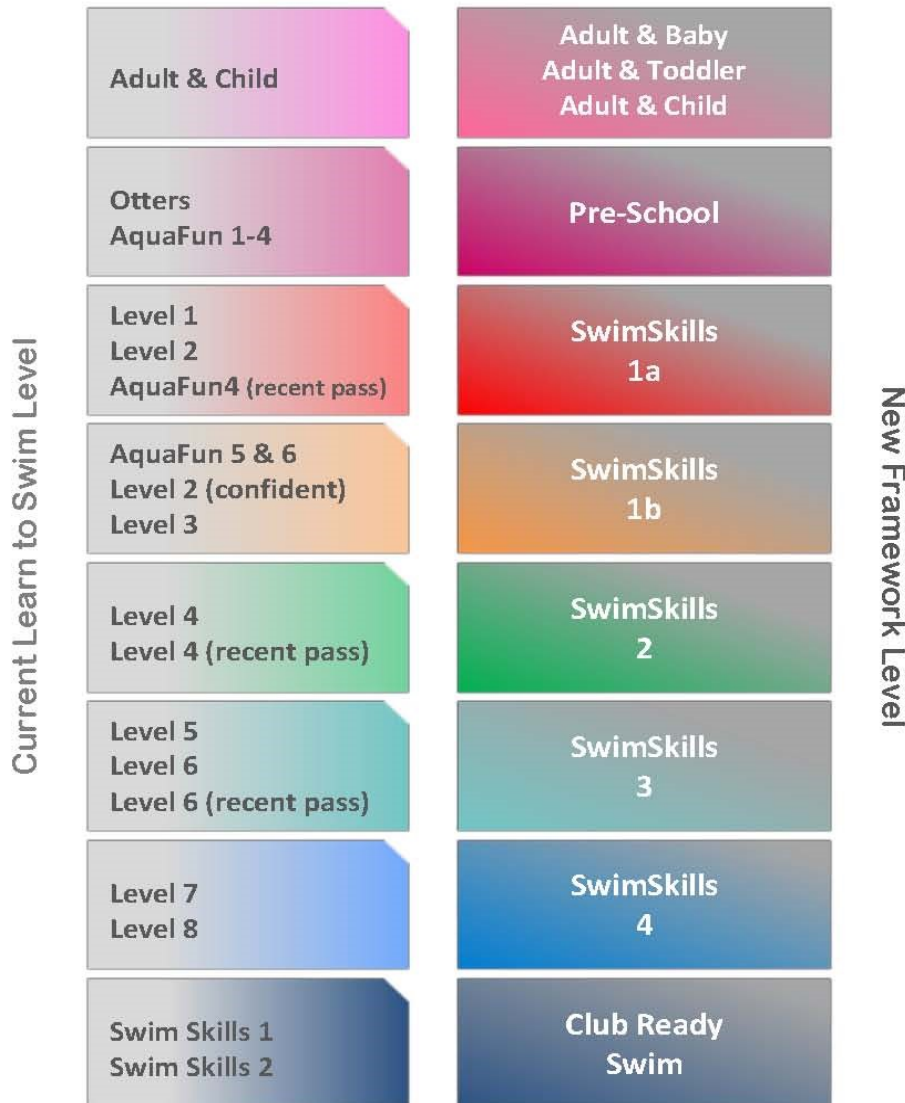


Mapping Process

The below diagram outlines the way we will map each child into the new Framework



Junior Activity Guide

Whalsay Leisure Centre

October-December 2018

01595 807 707 wlc@srt.org.uk www.srt.org.uk

Junior Activity Guide - October - December 2018

STARTING	CLASS / AGE / ABILITY	TIME	COST
Monday 29th October			
Pre-School Fun	Pre-School & P1	3.30-4.20	Pay Weekly £2.50
Introduction to Advanced Swimming	Must Be Completed National Deep End Test	3.40-4.10	Pay Weekly £2.80
Advanced Swimming	Training Squad	4.10-5.00	6 weeks £16.80
Tuesday 30th October			
Junior Badminton	P5	3.40-4.30	6 weeks £17.40
Junior Badminton	Secondary	4.30-5.20	6 weeks £17.40
Learn to Swim	Swim Skills 1A / 1B	Please ask a member of staff for class times	6 weeks £22.50
Wednesday 31st October			
Junior Badminton	Primary 6-7	3.40-4.30	6 weeks £17.40
Junior Football	Primary 4-6	4.30-5.20	6 weeks £17.40
Learn to Swim	Swim Skills 1A, 1B, 2 & 3	Please ask a member of staff for class times	6 weeks £22.50
Advanced Swimming	Training Squad	6.45-7.30	6 weeks £16.80
Thursday 1st November			
Trampoline	Primary 3-7	3.40-4.30	6 weeks £17.40
Pool Fun	Primary 2+	3.40-4.30	6 weeks £17.70
GameFit	Primary 7-Secondary 4	4.10-4.30	6 weeks £15.00
Friday 2nd November			
Nursery Swimming	Afternoon Nursery Morning Nursery	12.05-12.35 12.40-1.10	6 weeks £22.50
Friday Fun	Primary 2-3	2.10-3.00	6 weeks £17.40
Learn to Swim	Swim Skills 2,3 & 4	Please ask a member of staff for class times	6 weeks £22.50
Saturday 3rd November			
Family Pool Fun	All Ages	1.30-3.00	Adult £2.80 Child £2.10

ACTIVITY DETAILS

Pre-School Fun	Pre-School Fun involves our pirate island bouncy castle with soft play and cars.
Introduction to Advanced Swimming	This class is aimed at introducing competitive swimming: ranging from stroke techniques, diving skills and turns. Must be passed national deep end test.
Advanced Swimming	Swim program to improve their strokes, build on stamina and enhance their swimming ability.
Learn to Swim	Aimed at improving confidence and stroke technique. Please ask at reception for class times.
Junior Badminton	Junior badminton aims to develop the initial movement patterns, hand-eye co-ordination and racket skills used.
Junior Football	Learning basic football skills with drills and games.
Pool Fun	This fun session includes, big floats, flippers, balls and woggles. A lifeguard will be in the water to supervise anyone under 8 years old.
Trampoline	This sessions aims to introduce trampoline moves and improve your technique so you can perform trampoline routines.
GameFit	A 20 minute, maximum intensity workout to improve fitness, agility and balance. Limited Spaces Please Phone To Book.
Friday Fun	Come and play various fun games such as dodgeball, football, catchies, etc.
Nursery Swimming	Ideal for building water confidence, encouraging children to become comfortable in and around water, through structured games, songs and activities.
Family Pool Fun	Come and enjoy a session in the pool with the family where you can play with toys, floats and flippers.